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THE UNIVERSITY OF ALBERTA'S CAMPUS MEDIA SOURCE

THE gateway

November 18th, 2015 • Issue No.16 • Volume 106

GTWY.CA



From street-life to student life

Jamie Sarkonak STAFF REPORTER • @SWAGONAK

When Aimee Bellerose walks around the University of Alberta, she'll overhear other's "struggles": a girl complaining about her hair being four inches too short, a guy talking about the party coming up on Friday, or someone else gossiping, "Oh my God, did you see her shoes?" As a 22-year-old indigenous woman who's lived through homelessness, incarceration, addiction and mental illness, Bellerose's concept of struggle is much different.

The city is a different place for an indigenous person who has been in and out of the system. Bellerose, and other women in similar situations, worry about things like whether they'll eat tomorrow or find a place to sleep tonight. Or about whether they'll get stopped by Edmonton Police Services for jaywalking and arrested for something completely different, which Bellerose said she has seen happen.

"Go downtown, even on the south side" she said. "When you're a native person and you walk down the street people look at you like you're an outsider."

Like many enrolled in university, Bellerose has gone through the provincial schooling system, and possesses a high school diploma. The challenges started early, when Bellerose could never finish mad minutes in time. She remembers

being kept from recess for a whole two months as a result.

High school is harder to remember, but Bellerose's diploma proves she got through. She was homeless during that time, and often under the influence of drugs. Those days were cold, hungry and numb, she said. What got her through was the art teacher, who'd walk Bellerose to school and make her toast and coffee every morning.

"A lot of people think (food) is a necessity. People think that only happens in Third World countries. No. In Canada, in Edmonton, food is a luxury for a lot of people. And that's the reality," Bellerose said.

As for clothes, Bellerose looks down at her outfit and wonders what everyone else on campus thinks of her.

Bellerose is one of the 21 young women attending the newly-piloted Moving the Mountain program, a learning initiative for high-risk youth, mainly of indigenous descent, between ages 12 and 22.

Many of the women in the program haven't completed high school and have struggled in the education and criminal system. The majority of them are, or have been, homeless. Some have been diagnosed with fetal alcohol spectrum disorder, while all have had severe problems with substance abuse.

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colophon

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Yuetong Li, Lisa Szabo, Sam Podgurny, Pia Araneta, Steven Andrais, Taco Bill, Brenna Schuldhaus, Cole Forster, Akanksha Bhatnagar, Alex Cook, Abdulhalim Ahmed, Ashton Mucha, Matti Thurlin, Jason Shergill, Christian Pagnani, Alex McPhee, Derek Schultz, Jimmy Nguyen, Joshua Storie



Meeting UAlumni

Alex Migdal, Andrea Ross & Katherine Speur



Gateway: What will you miss most about UAlberta?

Migdal: I'm gonna miss just being able to meet up with friends in RATT or Dewey's and just being able to get a beer at any time of the day.

Ross: Is it cheesy if I say *The Gateway*? I feel like I didn't get a Bachelor of Arts, I got a Bachelor of the *Gateway*. It taught me everything that I'm gonna be able to bring into the real world.

Speur: I'm going to miss taking naps in public places and have it be socially acceptable.

Like journalism? Volunteer with us.

SECTION MEETING TIMES ROOM 3-04 SUB

NEWS Mondays at 3 p.m.

SPORTS Wednesdays at 3 p.m.

OPINION Wednesdays at 2 p.m.

ARTS & CULTURE Wednesdays at 4 p.m.

PHOTOGRAPHY Mondays at 2 p.m.

MULTIMEDIA Mondays at 4 p.m.

COMICS & ILLUSTRATIONS Fridays at 2 p.m.



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News

Memorial marks Transgender Day of Remembrance

Mitch Sorensen

STAFF REPORTER • @SONOFAMITCHH

After being dropped off at a park in Philadelphia on Oct. 6, 22-year-old Keisha Jenkins was beaten and shot to death. Jenkins, a Temple University student, was a transgender woman, and the 21st trans person to be murdered in the U.S. this year.

The names of 270 trans people who were killed last year are part of an art installation south of the Dentistry-Pharmacy building to honour Trans* Day of Remembrance (TDoR) and Transgender Awareness Week, which was founded in 1999. TDoR has been held annually every Nov. 20 to commemorate those who died as a result of anti-trans violence in the last year.

Co-organized by The Landing, the Institute for Sexual Minorities Studies and Services (ISMISS), Feminists at the U of A, and OUTreach; the week-long art installation will be lit up nightly until the Friday, Nov. 20. Friday's TDoR events will commence with a meeting at 122 Education South, a walk over to the installation, and a return to the Education building for group reflections.

Shayne Golosky-Johnston, a volunteer with The Landing, said that when they began compiling a list of names, they had 250, and the final list was 270.



IN REMEMBRANCE An art installation commemorating 270 victims of transgender violence.

CHRISTINA VARVIS

"Being trans, you don't have a choice whether you're an activist or not," Golosky-Johnston said. "Your life is your cause."

Rafiki Dave, an assistant program coordinator at The Landing, said that just because the names on the art installation are those of trans individuals who were murdered in the past year, it doesn't mean that is the only violence towards

transgender individuals.

"Microaggressions and hate speech are all forms of violence," Dave said. "In our city and in every city, there is some form of violence towards trans individuals and queer individuals."

Dave also said that although names on the memorial are of those who were murdered, suicides in the trans population can also be linked to this type of discrimination.

transgender individuals.

"Microaggressions and hate speech are all forms of violence," Dave said. "In our city and in every city, there is some form of violence towards trans individuals and queer individuals."

Dave also said that although names on the memorial are of those who were murdered, suicides in the trans population can also be linked to this type of discrimination.

Daniella Marchand, Office Coordinator at The Landing, said that TDoR is not limited to the commemoration of individuals.

"The asterisk is included to help anyone who finds themselves on that spectrum to identify with it," Marchand said. "It's a very personal thing, and asterisk just includes any individual who identifies with it."

Some of the entries on the

memorial indicate no name or age, and some have only one or two pieces of information about the person they are commemorating. Marchand said many of the individuals on the memorial were not commemorated initially with respect given to their chosen name or pronouns, and that the TDoR memorial aims to right this wrong.

"People are real and have learned experiences," Dave said. "A lot of times when people don't understand somebody, they alienate them. But we're all people, and we all have a story."

Dave said the sense of community created by public events such as the TDoR as essential in creating a campus where trans individuals feel safe and welcome. The Landing wants to make it known that it is the responsibility of the whole campus community to reduce violence against trans individuals. Even if it is as simple as deleting transphobic language from your vocabulary and calling it out in other people, everything helps mitigate trans violence.

"This campus is huge, there are thousands of people here," Dave said. "That sense of belonging is important, so when people experience transphobic slurs or other forms of violence, they have a community to come to."

International Endeavours (part two)

200 miles north of Montana: the experiences of an American living in Alberta

Josh Greschner

OPINION EDITOR

The following is part two of three in a series detailing the experiences of international students at the University of Alberta.

Second-year linguistics student Alex Cook will tell you he's from Washington, DC even though he's not actually from Washington, DC.

"Back home, if somebody says they're from Washington, DC or Baltimore or New York, they're not from Washington DC or Baltimore or New York," he said. "They're generally from one of the outlying cities around there."

Last year, Cook left home, in Bowie, Maryland, to study at the University of Alberta as an international student. The \$20,000 tuition cost looms over his experience abroad, but impressive high school grades and scholarships lowered his first-year tuition to around \$3,000. That figure bloated to \$14,000 in his second year. Adjustments haven't been easy.

"(My parents) aren't 100 per cent happy that this is something we all have to account for in our financial budget," Cook said. "But we also understand that a university degree isn't optional anymore. It's a necessary thing to gain success in the world."

Cook works odd jobs in fast food to supplement his living expenses, but just as his tuition became more expensive, his congested schedule impeded him from working the hours he'd like to work.

Cook explained that studying in Canada and in one of the leading lin-



CHRISTINA VARVIS

guistics programs in North America wasn't as much of a financial strain as it could have been. U of A calibre institutions in Maryland and the US in general are highly selective. The University of Maryland-College Park accepted 28,000 applications to form a 2015 fall freshman class of 3,975 students. Universities seek to enroll out-of-state students since out-of-state tuition can be substantially more than what in-state students pay. Rather than paying \$30,000 a year, Cook resolved to study in Edmonton. His friends ask, "Where the hell is that?"

"Alberta, Canada," Cook responds. "200 miles north of Montana." And they're like 'Oh. OK.' While there isn't much of a cultural difference between Edmonton and his home, Cook found reality to be different from his expectations. Being competent in Spanish, he's disappointed that there isn't as much Spanish spoken

as he thought there would be. Cook was also surprised to find that there are people in Edmonton who seem to take 9/11 conspiracy theories seriously.

"I'm just like 'Ok. That's great. Tell me more.'"

He also speculates that Canadian politeness isn't exactly politeness.

"People say Canadians are super nice. And I didn't expect them to be how they're portrayed in parodies. But it almost feels like people are misinterpreting this niceness for this sort of passive aggressive smugness, (as if Canadians) have the moral high ground compared to American culture," Cook said. "Which is true in some respects. But it was kind of weird getting used to it."

After hearing a number of offhand comments about being an American student in Canada, he said he found himself thinking, "OK. Let's pretend this never happened."

news briefs

COMPILED BY **Richard Catangay-Liew**

Wildrose Party calls for end to mandatory SU memberships

The Alberta Wildrose Party is denouncing mandatory students' union memberships and fees, while students' unions are fighting back, citing their key services and role in keeping post-secondary administrations and the government accountable.

A policy proposal by the Wildrose recommends that the Alberta government look into Post-Secondary Learning Act, and allow students to choose whether they'd like to become a paying member of a student association, such as the University of Alberta's Students' Union. The policy was applauded at their AGM on Saturday, Nov. 14.

The Wildrose Party's rationale behind the proposal is that "much like mandatory membership and dues to any public sector union, these dues are then often used to advance certain, often progressive, political agenda."

One of the Wildrose members who signed off on the proposal is University of Calgary student Keanan Bexte. Bexte, who served as a U of C Students' Union Councillor for the Faculty of Science, said "distasteful lobbying" of student associations was the wrong approach, and questioned the merit of student associations.

"If (the Students' Union) consulted every single member of the union, not everyone would agree with them," Bexte said.

Bexte added that the policy proposal is not an attack on students' unions, but a just a question to the status quo.

"The Wildrose Party wants high quality services for students, we want students to feel represented, I just don't think the Wildrose Party supports the fact that official monopolies are the best service providers do this for students," he said.

SU President Navneet Khinda said the Wildrose Party's proposal was "misguided." She refuted the rationale that students' unions spend money inappropriately, as a small fraction of membership dues support their advocacy efforts.

The Council of University Alberta Students (CAUS) released a letter to the Wildrose Party ahead of their AGM, stating that membership fees support their roles as "fiscal watchdogs" and enabling them to provide core services for students.

"What would happen if it was an opt-in type of thing?" Khinda asked. "Does it mean that students don't have access to our services? You don't ever want to deny a student access to the Peer Support Centre."

While Bexte and Khinda are on opposite sides of the spectrum in the debate, they agreed on the point that it's unlikely the current Alberta NDP government would legislate a policy such as this.

"This type of freedom of students isn't what the NDP wants," Bexte said.

For Khinda, she said she believes this policy is "out of step with that Albertans want."

"I think this government does value a students' right to associate and a students' right to govern," she said.

"But this is the official opposition party, and we have to take them seriously. I hope that at least if this policy stays in their books, that they at least talk to the students' unions and student associations in the future."



ALUMNI ASKED & ANSWERED WITH Heather Rolheiser, '10 BA

Current Occupation: PR/Communications Specialist for Confetti Sweets

What do you miss most about being a U of A student? The feeling of constantly learning and being inspired, sitting in front of the beautiful Rutherford House in Fall with a philosophy book, afternoon naps...

Favourite campus memory: The first week of classes when the whole campus is buzzing with excitement.

Most embarrassing moment as a student: Every time I had to do a class presentation. Ew.

What's the one piece of advice you'd give a current U of A student? Savour every moment; you'll miss all of it once you're out in the work force.

Favourite course/professor: A Sociology class called Theory of the Subject taught by Professor Doug Aoki. His mentorship and respect for his students made it one of the most invaluable experiences I had at the U of A.

If you got one university do-over, what would it be? Just that — do it all over. If I could, I would. I loved being a student.

Favourite secret makeout/study spot?

Study spot — Rutherford Library; it's a beautiful historic building that I felt privileged to have access to. Makeout spot — definitely the old Arts building; so beautiful and usually not very populated.

What did you do to help you stay sane during exam time? Coffee and procrastination. I used to meet up with friends to "study," but would end up chatting and laughing for hours.

What impact has the U of A had on your life? A great impact. I feel lucky to have such an excellent education behind me. It's one of those things that changes your core — you can't even begin to comprehend how much influence it has on the rest of your life.

What should all new grads know? It can be hard to find something you want to do after graduating. Keep your mind open to things you didn't think you'd do. You never know when a position can lead you to a career you never knew existed.

Is your current job the one you thought you'd have when you were a student? Definitely not. I thought I'd be working in policy with the Government of Alberta, but I'm so happy I found something that utilizes my analytical side that I honed in university as well as my creative side.



SWORN IN David Turpin is officially installed as U of A president at the Northern Jubilee Auditorium.

CHRISTINA VARVIS

Turpin installed as 13th president

Announces new space for indigenous students, vision for University of Alberta

Jamie Sarkonak

STAFF REPORTER • @SWAGONAK

David Turpin was officially installed as the University of Alberta's 13th president and vice-chancellor at the Northern Alberta Jubilee Auditorium on Monday, Nov. 16.

"I accept this responsibility with humility, and with enormous appreciation for this university and its traditions," he said.

Soon after his installment, Turpin announced the guarantee of a place in residence for every first-year student, starting next fall. Because of their higher level of engagement, students living on campus tend to feel more positive about their university experience, participate more in extra-curricular activities and perform better in class, Turpin noted. This is part of a process to bring students more opportunities to engage, he said.

Turpin also announced the university's intention to build the Maskwa House of Learning, a campus space for Indigenous students that will be located behind the Education buildings. The university has submitted the proposal to government, and Turpin is looking forward to the teamwork that will bring the vision into reality, he said.

"To answer the legacy of residential schools with substantial acts of reconciliation," Turpin said.

"It'll be a tangible demonstration of our commitment to reaching out to First Nations, Inuit and Metis students from across the province and across the country."

The Maskwa House of Learning

will be a \$30 million project and will be space for Indigenous students to find a home on campus and for all students to learn, honour and celebrate their shared history.

Turpin's installment address also retold his personal history, family history — he describes himself as seventh generation "prairie stock," his experience in living across Canada — including his cabin in the woods of the west coast's Discovery Islands. He went over how the U of A will help make "a better Canada," including working towards economic diversification, developing evidence-based policy to social justice, providing research in sustainable development in the oil and gas industry, and working with the university's national and international partners, and advancing global peace.

"I accept this responsibility with humility, and with enormous appreciation for this university and its traditions."

DAVID TURPIN
PRESIDENT, STUDENTS' UNION

Robed representatives from 33 of post-secondary institutions arrived from across Canada to welcome Turpin in his new role, along with members of provincial, municipal and university governance. The procession of speeches were musically divided by an Aboriginal

honour song by Adrian LaChance and a performance by the University of Alberta Symphonic Wind Ensemble, University of Alberta Madrigal Singers, Concert Choir and Opera Workshop.

U of A Students' Union President Navneet Khinda and Graduate Students' Association President Colin More delivered Turpin's first welcome speech, followed up by a video-welcome by Prime Minister Justin Trudeau. Premier Rachel Notley followed with a speech referencing her affection U of A as an alumnus, and calling the institution a testament to Alberta innovation. Minister of Advanced Education Lori Sigurdson, Notley and the Alberta NDP government are both looking forward to working with Turpin and the university, she said.

Turpin later thanked Premier Notley in his installment address for the new government's quick enactment of Bill C3 and the "(investment) in Alberta's post-secondary sector and (reaffirmation of) its commitment to education and research."

Edmonton Mayor Don Iveson's termed Turpin a "steward" of one of the most important economic, social and environmental drivers in Edmonton. But Iveson also reframed the job title of U of A president, with a little bit of humor.

"Dr. Turpin is will be officially, as of today, essentially the mayor of the fourth largest municipality in the Edmonton metropolitan region," Iveson joked. "Which means if you don't like the snow removal on campus, call him. And we've still got to work out a revenue-sharing deal."



CHRISTINA VARVIS



INDIGENOUS INSPIRATION Photos detailing the Moving the Mountain space in the Education building.



CHRISTINA VARVIS

From street life to student life

Moving the Mountain pilot program takes young indigenous women in to an educational environment at the University of Alberta

Jamie Sarkanak

STAFF REPORTER • @SWAGONAK

FROM STREET LIFE TO STUDENT LIFE •
CONTINUED FROM PAGE 1

Program facilitator Wallis Kendall said traumatized youth with neurobiological problems will cost between \$2-3 million per person. Those millions flow to the system of police, group homes, disability support and social services.

The cost group home living at \$15-20,000 a month and the cost of incarceration at \$30,000, Kendall said. Upwards of age 20, youth are put solely on disability support. That's \$1,500 a month. Having grown up in the system, they're directionless with money, which will likely be spent on alcohol, bad food and drugs. They become the "shadow people of the streets," Kendall said.

Funding for preventative measures and reconstruction of traumatized lives is zero, Kendall said. That's the mystery Moving the Mountain is trying to solve: whether these traumatized youth that have been rejected and abandoned by the system can recover their ability to learn.

In 2014, a 15-year-old girl in the Moving the Mountain program committed suicide at her group

home. Right now, there's a girl in the program who's missing. Another girl has punched out workers in her group home. Others have been sexually exploited, or are in abusive relationships. A lot of them experience manic-depressive swings. These individuals easily fall off the radar, Department of Education Psychology neuroscientist Jacqueline Pei said.

"I'll walk down the halls and I'll feel really ghetto ... I feel judged sometimes here."

AIMEE BELLEROSE
STUDENT, UNIVERSITY OF ALBERTA

"(The traditional system) says, 'So why don't you sit in a classroom and like everyone else?' And (the youth) are like, 'I would just like to know that I'm actually going to get food today, and maybe that I can sleep somewhere other than a street corner tonight,'" Pei said. "I'm really not all that concerned on how I performed on that math test."

There's no set schedules at Moving the Mountain, but youth are asked to attend three days a week. Under the guidance of Kendall and

volunteers from Edmonton Public Schools, youth learn about science and history through projects and practical work. They decide to learn, which is the key point, Kendall said.

"If you can't be independent and direct yourself to learn because you want to, you'll never do anything," Kendall said.

Challenges arise with the way the youth come and go. Progress harder when the youth also have to deal with group homes, bus passes, court trials, and the like, Kendall said. Funding is also troublesome. Last year, the Jacqueline Pei received a nearly \$40,000 grant for Moving the Mountain from the Alberta Centre for Child, Family and Community Research. Those funds are running out though, Wallis said. Currently, the program mostly runs on donations.

For some individuals like Aimee Bellerose, the end goal with Moving the Mountain will be to attend classes and receive a formalized education. For others, it might just be learning how to manage mental illness and finding stable work.

"Sometimes little steps can take you a really really long way," Pei said. "It just takes a while to get there."

Today, Bellerose arrives at her

Moving the Mountain work space at 9 a.m. There's a decent view, she can look to the right and see whatever's happening in the Education Gym. To the left, numerous records hang on the wall, representative of her love of hip hop music. Bellerose's first album is set to release December, 2015 under her rap pseudonym "Persuasion." She also knows a bit about the broadcasting aspect as well, as a volunteer at the CJSR campus radio station.

"If you can't be independent and direct yourself to learn, you'll never do anything."

WALLIS KENDALL
PROGRAM FACILITATOR, MOVING THE MOUNTAIN

She's also part of a Youth Action Against Poverty Team, which discusses the problems she faced growing up: homelessness, lack of opportunity, marginalization, among others.

Bellerose's weeks are busy, they involve going to class — just to audit for now, but the goal is to enroll in classes full-time next year. Right now she's in an early

childhood development class, even though she's not particularly fond of kids, she said. Outside of Moving the Mountain and CJSR, she feels somewhat adjacent to campus.

"Classes are weird. I'll walk down the halls and I'll feel really ghetto. Everyone stares at me like I shouldn't bring a backpack or something. I feel judged sometimes here," she said

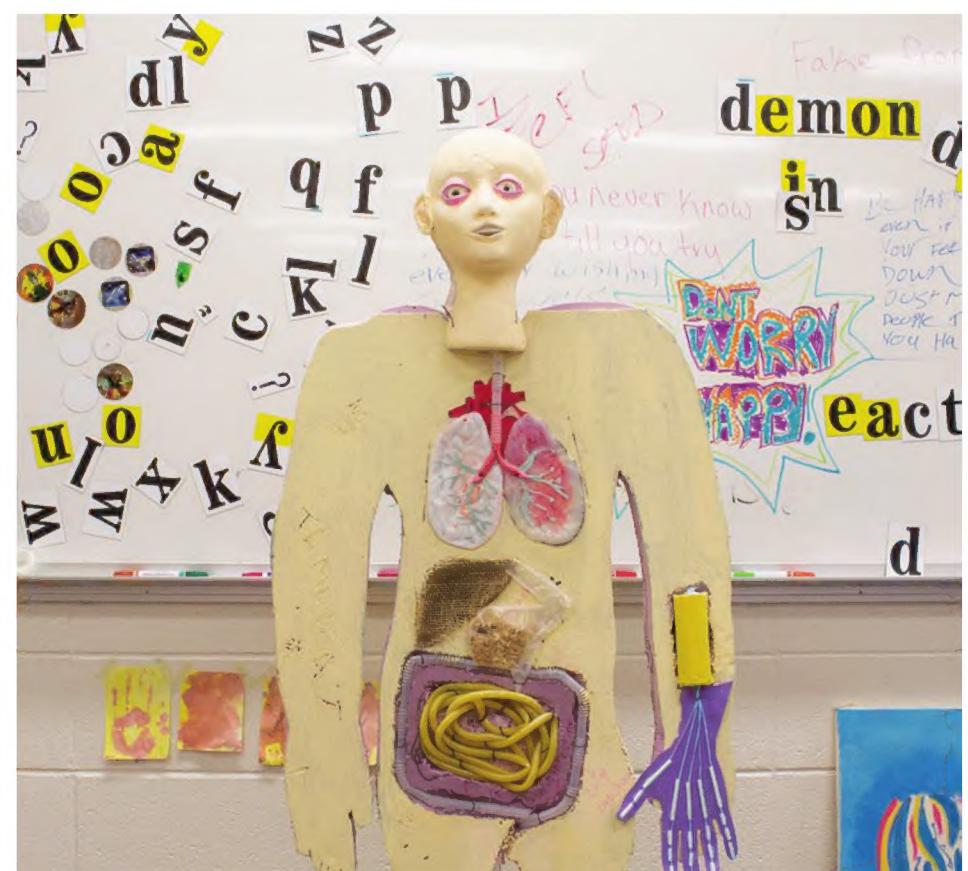
Like most people on campus, Bellerose will tell you she's not sure what she wants to study. But she's okay with it, in indigenous culture life is believed to happen in cycles, and she's comfortable with following many different paths.

"We're not meant to decide what we want to do forever," she said.

Bellerose calls herself "blessed with opportunity." She's free to create art, free to engage in campus community, and free to simply go for a smoke when she wants — which is nice for when class gets stressful.

Next year, Bellerose is probably going to be taking courses in art therapy and psychology. She loves the former, and is fascinated by the latter.

"I'm scared. But I know that I'm smart, and I know that I can handle it," Bellerose said.





BUSINESS EXPERIENCE FROM THE BRONX Majora Carter delivers a lecture in CCIS on Nov. 16.

MITCHELL SORENSEN

Greening the Ghetto: Carter brings business acumen to social causes

Mitchell Sorensen

STAFF REPORTER • @SONOFMICH

When Majora Carter walked through an abandoned waterfront lot in the South Bronx in 1998, all she saw was old tires, garbage and cracked cement. In 2005, a project headed by Carter lead to a complete rejuvenation of the area, transforming the space into one of the only public parks in the neighbourhood.

Such transformations have become standard practice for Carter since then, as her consulting company has supervised the startup of several companies. These endeavours and others were discussed in her talk on Monday, Nov. 16, as part of the Sustainability Speaker Series hosted by the Office of Sustainability.

As founder of Sustainable South Bronx, a community greening program, as well as the Majora Carter Group consultancy firm, Carter has been called "The Green Power Broker" by the *New York Times*. Carter's Greening the Ghetto, is one of the original six TEDTalks clips on YouTube, and has over 1.2 million views. Receiving numerous awards for her activism and business acumen, Carter's sustainable approach to all of her projects has defined her work.

"The process of bringing an idea or project concept to reality is very similar to launching a product," Carter

said. "You have to identify a market, get some investment of money and time, and create a beta version of the idea."

Startups supervised by Carter include a contracting company that creates green roofs on the traditional tar-topped warehouses so familiar in New York City, to a startup that employs young people for quality control in the tech and gaming industries. Carter said her goal with all these projects is to create a fiscally viable idea that people will buy into.

Carter emphasized keeping environmental and social sustainability in the fore of any project. Her green-roofing business, where warehouse roofs are turned into gardens, arose from New York City's issues with waste water management. Rather than building large and unsightly stations to deal with runoff, Carter's startup used the water to irrigate rooftop gardens.

Combined with the fact that food can be grown on these green roofs and the fact that the startup hired mainly young people from low-status neighbourhoods, Carter's concept caught on quickly.

"Now, people who install these green roofs can get pretty significant tax abatements from the city," Carter said in her talk. "It was a win-win."

Currently, her Startup Box South

Bronx initiative is employing young people from underprivileged backgrounds to do quality assurance for tech companies. Carter said that since the community around her was so tech-savvy already, it made sense to take a service that was usually shipped overseas and bring it local.

In terms of future endeavours, Carter said that making the South Bronx a place where people want to stay and keep their time and effort is a main goal.

"We hand-deliver gentrification," Carter said. "We should be providing housing that makes people want to stay."

Preventing the brain drain out of the neighbourhood creates a mixed income space, which Carter said encourages economic development.

"The things that make you know that you are in a poor community breed poverty," Carter said. "A mixed-income neighbourhood helps prevent this."

Though Carter has grand plans for revitalizing the place where she lives with new construction, her advice to students looking to make change was simple.

"Know your market, and come up with something that will make them love you. Taking your idea and turning it into something you can sell is the key."

Science ministers appointed

Faculty of Science reps comment on Trudeau's new federal cabinet

Jamie Sarkonak

STAFF REPORTER • @SWAGONAK

Since the Justin Trudeau era was sworn in, Canada has unmuzzled its federal scientists and appointed two ministers dedicated to science at the federal level: Minister of Science Kristy Duncan and Minister of Innovation, Science, and Economic Development Navdeep Bains.

David Coltman, the University of Alberta Faculty of Sciences' Associate Dean of Research, said the appointment of two ministers with "Science" in their titles sends the community a "very loud and encouraging signal" that the government is going to make a big investment of science. And while it's too early to tell what effects having a new government will have on academia, the rapid move to unmuzzle federal scientists is "especially welcome," Coltman said.

A 2013 report released by Democracy Watch, a national non-partisan advocacy group, detailed occurrences of muzzling of federal scientists, which was happening either directly, where policy and regulation prohibited from communicating with media and other researchers; and indirectly, where federal scientists were made almost inaccessible behind the veil of communications teams which media and other researchers couldn't always navigate through.

That lack of communication starts a domino effect, U of A biology professor Colleen Cassady St. Clair said.

"By hampering that dialogue, and preventing any form of criticism or dissent or disagreement, we're sentenced to less than the best options," she said. "It's not an issue of ideology, it's just an issue of how progress occurs and the fact that nobody can know anything."

The 2013 Democracy Watch report details various cases where researchers were either unavailable for interviews about their work, or were only available after their information was no longer time-relevant. Multiple cases of muzzling occurred in Environment Canada, the Department of Fisheries and Oceans, Natural Resources Canada

and the Natural Research Council.

The Democracy Watch report also details a case where results from a 2011 Environment Canada study, led by U of A scientists Erin Kelly and David Schindler, were to be presented at a conference — the study originally concluded that industry activity in the oil sands substantially increased the amount of toxins in the Athabasca River. The researchers had been given a "Q&A package" before presenting. The package was in fact a script outlining the expected questions and answers to be given after the researchers' presentation.

The Professional Institute of the Public Service of Canada (PIPSC) surveyed 4,069 federal scientists in June "to gauge the scale and impact of 'muzzling' and political interference among federal scientists." Only 10 per cent of the survey's respondents said they were allowed to speak without constraints about their work in their departments or agencies. Another 48 per cent said they were aware of their department or agency suppressing or declining to release information, leading to "incomplete, inaccurate or misleading impressions."

St. Clair said she's optimistic, because one change in government openness is already a huge step. Despite the growing federal interest over the past several decades, the eight years' communication of science, trust of science, and invitation to evaluate science seemed to recede rapidly.

"If (the new ministers) do nothing more than say, 'we invite your opinions, citizens of Canada,' that will be a huge accomplishment," St. Clair said.

The Liberal government is still very young, and there are few financial details available, which is expected to be announced in the 2016 federal budget, and what David Coltman is looking forward to the most.

"Obviously, everybody wants more money, not just scientists," Coltman said.

"So it'll be interesting to see how the government decides to balance the demands or the needs of the science community."

U of A prof details battle with schizophrenia

Yuetong Li

NEWS WRITER

Austin Mardon first felt the effects of schizophrenia when he was five-years-old. The mental illness caused high stress, and Mardon couldn't trust his senses, as the disease affected his personality, cognition and short-term memory. Mardon was officially diagnosed with schizophrenia at the age of 30, as he was wheeled into an emergency room in a psychotic state. He left the doctor's office with the message and feeling that "life was over."

"Doc was wrong," Mardon said.

Schizophrenia runs in the Mardon family. His great-grandmother lived with schizophrenia, and his mother dealt with post-partum schizophrenia and depression. His cousin, who committed suicide, also battled the mental illness. It's currently unknown what exactly causes schizophrenia, but predisposed gene pool, stress to the brain and the surrounding environment are widely believed to be main contributors, all of which apply to Mardon.

Many patients diagnosed with schizophrenia are prescribed anti-psychotic medication, such as

clozapine, but noncompliance to take medication is common. Some patients may struggle with finding a reason to stay on medication, so they refuse treatment and their prescribed anti-psychotics and their side-effects, which include weight gain, erectile dysfunction, blurred vision, drowsiness and dizziness.

Growing up and watching his mother struggle with the illness made Mardon feel like he lived in the shadow of schizophrenia. This made him determined to stay on his psychiatric medication. In an open letter detailing his fight a "monster," Mardon said he had to find a reason to stay sane and deal with the "horrible" side-effects. That reason is volunteering and advocacy, "for those who can't speak for themselves."

"The stigma we live with makes it very difficult to publicly acknowledge that I have this illness," Mardon said in his letter. "I've had social workers tell me that I'm a monster because of it. The only way to fight the stigma we live with is through education. Sometimes that means a person at a time."

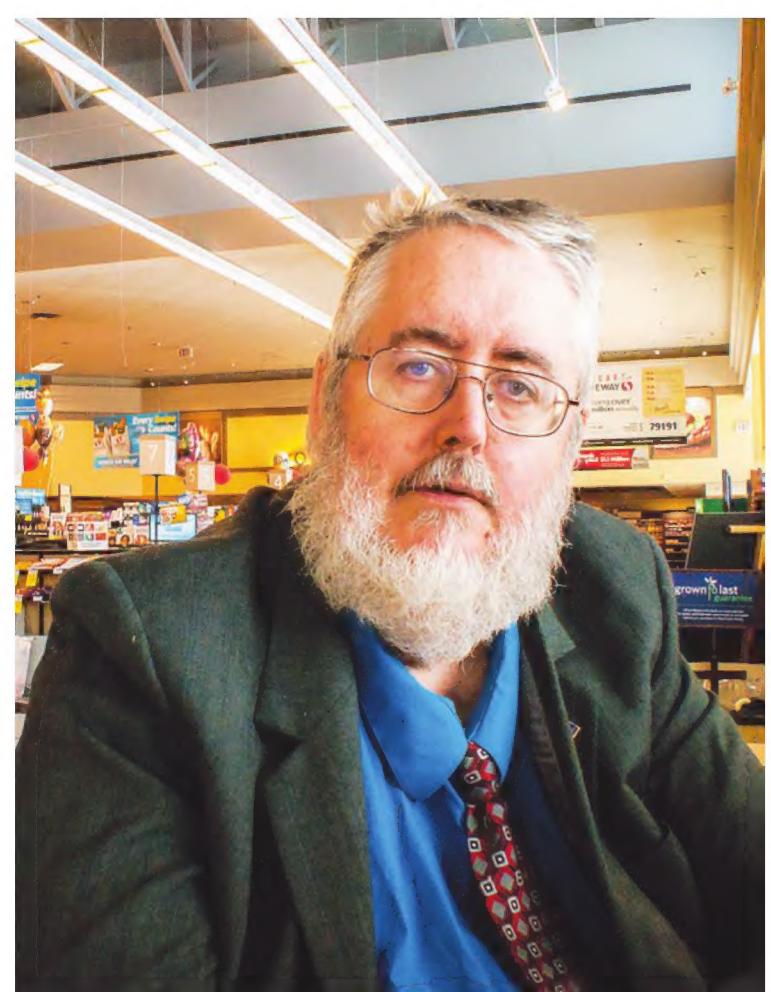
Mardon and his wife, Catherine, often speak publicly about the

illness — the "real illness," and not the one showcased in Hollywood. The Mardons have made it their mission to act as a voice for sufferers and prepare students in social work, psychology, nursing and medicine for those "real" sufferers.

As someone who earned a PhD in geography from Greenwich University in Scotland after he was diagnosed with schizophrenia and eventually being named as an adjunct professor in the Department of Psychiatry, Mardon wants sufferers to know it's still possible to have a normal life. Seeking help, visiting campus support services and taking medication could be the first step, he said.

Those people may hide their condition because they are scared of the societal stigma. Mardon doesn't blame them, but said he's optimistic that public view of schizophrenia will change over time.

"You don't discriminate people with heart attacks, why would you discriminate other people with a psychological disorder. But now things are much better than when I was in my youth. The conversation has started. That's the most important thing."



SCHIZOPHRENIA SUFFERER Austin Mardon is an advocate for the disabled.

YUETONG LI

Opinion

EDITORIAL COMMENT

Retaliation isn't the answer to attacks in France

I DON'T REMEMBER SEPTEMBER 11, 2001. I DON'T KNOW WHAT I DID that day, I don't know where I was or who I was with, and I don't remember hearing that New York City was under attack.

I remember the days after, though. I remember traveling to the airport with my family because my mom was scheduled to get on the first flight out of the Edmonton International Airport after the lockdown was lifted. I remember bawling my eyes out while visualizing her plane crashing into the ground.

I had no concept of what had happened. I obviously knew nothing of Al-Qaeda, the tension in the Middle East, or American foreign policy. All I knew was that a group of people — people who were different both in the way they looked and the way they lived — wanted us dead. And for that, I hated them.

The attack on Paris last week has provoked a similar response from many. Masked shooters barging into a concert and shooting innocent people with machine guns is a sickening image that elicits both fear and anger. We feel powerless, without an ability to intervene in such events and without a target to direct our anger.

While there's a commendable amount of love and respect being paid on social media, there's also a tremendous amount of hatred. This hatred shows not only an ignorance of the unknown, but also a fear. It's a hatred of the unknown, or to those whose differences we fear will eventually hurt us.

I understand the fear. Dozens of young adults — people just like us trying to have a fun Friday night at a concert — had their lives stolen from them with the pull of a trigger. What I can't understand is the hatred.

I can't understand why this tragedy would lead people to demand Canada to close its borders to refugees and immigrants in search of a new home as they try to escape the exact same hell that we just witnessed in Paris. I can't understand why people are suggesting we be more skeptical of Muslim people because their faith inherently promotes hatred and violence. I can't understand why anybody would suggest Western military forces bomb and murder millions of innocent people in order to wipe away a problem.

The purpose of terrorism is to make people afraid. It seeks to tear us apart from the inside, as we live our lives in fear not only of the unknown across the ocean, but the unknown living next door. They want us to react with anger and hatred. They want us to show the world that we're violent, self-absorbed animals who know no other way to handle adversity than becoming monsters ourselves. They want us to validate the disgust they have for who we are as a society.

We can't put an end to terrorism by fighting it with force. The only thing we can fight is the negative and violent response to terrorism. The right-wing, radical, emotionally-driven reaction that seeks to divide us as a people and build fear to a point in which we not only validate but demand action through "wars on terror" that only sink us deeper into the problem.

Let's learn from the mistakes we've made in the past. We need to remember the way we, and our governments, responded to the 9/11 attacks and where that's landed us nearly 15 years later. We spent billions of dollars on a war with no possible victory that saw thousands of unnecessary deaths pile up, bringing us nowhere near a solution. We alienated a massive group of people and created an undeserving common enemy that lives among us.

Now here we are, back again at square one. Sitting and shaking our fists in rage at the idea that a shadowy group of militants hate our way of life enough to shoot up a concert, while we shake in fear that we could be next, and the best way to stop it from happening in our own backyard is by rejecting refugees and telling Muslims they don't belong.

There's nothing we can do about terrorism. A boogeyman that seeks to destroy us from the inside with violence and fear will always lurk in the shadows, pushing us to abandon our rationality and show the world that we in fact are the monster. If we put an end to ISIS, there will be somebody else to fill its place.

All we can control is the way in which we respond to terrorist acts and the way in which we let it affect our values. We can be foolish and let them win by abandoning our morals and projecting our hate onto another group of innocent people, giving our enemies more ammunition to warrant what they view as resistance. Or we can act rationally and with compassion. We can treat those who are different than us with respect, avoiding ignorant blanket generalizations about their beliefs, while offering compassion to those in need.

If we respond with hate, all we'll be doing is playing into the trap like an angry child.

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Volunteer

Opinion meetings every Wednesday at 2pm in SUB 3-04



It's funny how tragedy makes you realize your own tunnel vision.

ADAIRE BEATTY

letters to the editor

Editor's Note

Since the publication of the column entitled, "St. Albert-Edmonton voted for a puppet in favour of experienced MP", The Gateway was contacted by legal counsel for Mr. Michael Cooper, the new Conservative MP for St. Albert-Edmonton. Mr. Cooper indicates through his legal counsel that he does not hold the views reported, which were based upon The Gateway's construction of a survey that appeared on the website of Campaign Life Coalition. Mr. Cooper did not complete this survey. Campaign Life Coalition removed reference to this erroneous survey from its website. The Gateway acknowledges that the record had been clearly corrected, respecting the erroneous survey, before the publication of this column.

Orgy article is disgusting

(Re: "Student-organized orgy coming soon for U of A community," by Jamie Sarkonak, Oct. 27)

I am a student at the U of A and I respect the institution, I also enjoy reading the student paper from time to time. However when I read this latest issue and came across the article talking about a student organized orgy I became so sick to my stomach and disgusted that such an article would be put in a university community newspaper that has so much history and academic prestige. I feel that this article totally changed the way I view the university community and your newspaper. I hope that in the future the paper would realize that they have an image to uphold as they are part of an institution that is well known and rooted in excellence.

Bobur Bubira

NOV. 28, 2015

Orgy article remains disgusting

(Re: "Student-organized orgy coming soon for U of A community," by Jamie Sarkonak, Oct. 27)

I am a student at the U of A and I respect the institution, I also enjoy reading the student paper from time to time. However when I read this latest issue and came across the article talking about a student organized orgy I became so sick to my stomach and disgusted that such an article would be put in a university community newspaper that has so much history and academic prestige. I feel that this article totally changed the way I view the university community and your newspaper. I hope that in the future the paper would realize that they have an image to uphold as they are part of an institution that is well known and rooted in excellence.

Bobur Bubira

NOV. 15, 2015

mashed," by Jamie Sarkonak, Oct. 27)

I would be interested in the author identifying a single instance where stalled vehicular traffic on a roadway is the direct result of a bicycle(s) being on the road. Extra points if the example is close to the U, such as 114st southbound, university ave eastbound, 87ave eastbound, Belgravia road eastbound. Extra extra points for proof that major chronic traffic congestion on Whitemud or Henday are the result of bicycles. Extra extra extra points if the author owns a bike and is willing to bike down Whyte ave with me during rush hour, in traffic, but it will be safe because all the cars will be inching along due to congestion caused by volume or else caused by the presence of two people on bicycles, hard to say which

tbulger

VIA WEB

Letters to the editor should be sent to letters@gateway.ualberta.ca (no attachments, please).

The Gateway reserves the right to edit letters for length and clarity, and to refuse publication of any letter it deems racist, sexist, libelous, or otherwise hateful in nature. The Gateway also reserves the right to publish letters online.

Letters to the editor should be no longer than 350 words, and should include the author's name, program, year of study, and student ID number to be considered for publication.

FROM THE WEB

Bicycle. Bicycle. Bicycle. I want to ride my bicycle

(Re: "Editorial: Cyclists bumbling down the road will probably get

Online databases such as StuDocu have legal implications

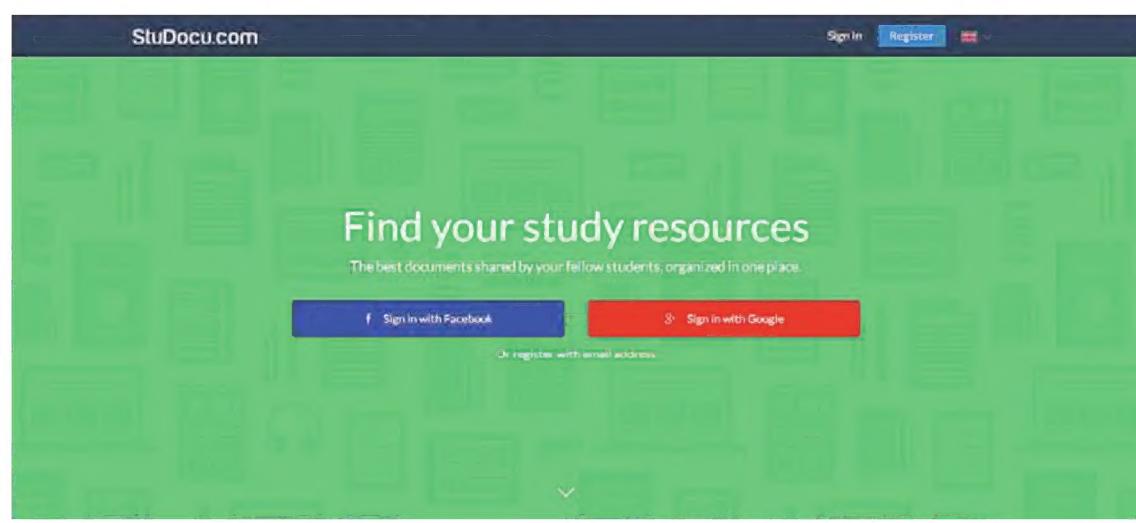


Brenna Schuldhaus
OPINION WRITER

Online databases providing supplementary class notes such as StuDocu are gaining popularity, and can be seen as potential goldmines by students. Students are paid up to \$22 to upload notes and other course materials onto a publicly viewable database.

While it's possible that these databases might have some worth, and the act of students sharing materials with their peers seems like a noble cause, the availability of such online resources has serious implications for students and professors.

Uploading academic material in original or edited format can deny authors the recognition they are due. A more alarming and surprisingly overlooked issue is one of legal origin. Self-produced material uploaded to databases poses no problem, but if professor-made material is included without the creator's consent, copyright could potentially become an issue. According to Article 10.01 of the University of Alberta Faculty Agreement, "The University shall be the owner of the copyright and of all copyright works produced by a staff member who has been engaged by the University to prepare such works for the University or part of whose normal responsibilities to the Uni-



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versity is the preparation of such works."

However, professors retain moral rights. The Waiver of Moral Rights states "In addition to ownership of the copyright in a work, the author of a work has "moral rights" in a work that the author creates." Copyright owners can "prohibit other people from distorting, mutilating or modifying the work, to the prejudice of the honour or reputation of the author" and "prohibit other people from using the work in association with a product, service, cause or institution, to the prejudice of the honour or reputation of the author." The dual ownership has interesting implications should legal action ever be taken.

Theoretically it's possible that legal action would be taken over this, but that doesn't mean that it will ever happen. For a university to sue a pro-

vider of study aids is decidedly bad PR (your guess is as good as mine as to whether universities would have any vested interest in controlling these resources) and professors have more important things to do than go to court.

Students aren't using these sites with malicious or frivolous intent, but as the often desperate attempt to improve their grades.

Dr. Cameron Hutchison, a professor of Intellectual Property Law here at the University of Alberta, said "There is also an education exception in copyright law that allows infringe-

ment to be waived in some cases. Whether this exception applies to these databases is unclear."

Given the plight of the music industry regarding the theft of creative work, I expected the same problem in academia to be a subject of discussion and debate among faculty. After speaking with several professors, I was surprised to find that this issue is rarely brought up in departments or among individuals. This could be because of their relatively new onset, or the fact that they don't pose an obvious enough threat to professors or universities at the moment.

Dr. Christine Brzezowski, professor of Organic Chemistry, acknowledges the implications but also notes that these databases are "largely new, chaotic, and unsystematic." She perceives their immediate threat being to students who may rely on the

information to their detriment, not faculty.

Although these databases have the potential to offer well-made notes, students risk wasting valuable time searching for and using notes that might end up having little positive impact. The fact that students often must pay to have access to full documents on many sites also alarms professors. Sociology professor Dr. Alison Dunwoody is appalled by any price students must pay on these databases, calling it a "commercialization of knowledge."

Do I believe that these various issues cross the minds of student uploaders? Not at all. Students aren't using these sites with malicious or frivolous intent, but as the often desperate attempt to improve their grades. Likewise, these databases don't exist for the purpose of copyright infringement or to step on the toes of professors and universities. They exist to provide a service to students who are searching for help. The fact that the help comes at a price is no real surprise — what is supply and demand without the attempt to capitalize on a resource?

That being said, who knows the trajectory of these sites in the future. They have the potential to grow exponentially, and the implications could easily become issues that require legal action. Passively watching a problem, especially one that involves legal implications, is rarely the right thing to do, but the issues surrounding these databases are new and complex.

Keep wearing your poppy

Akanksha Bhatnagar
OPINION WRITER

Halloween ends, and as far as many Canadians are concerned, it's already Christmas. A day that deserves to be remembered, Remembrance Day, is lost and easily forgotten in this transition from ghosts and ghouls to peppermint and Black Friday deals.

It's astounding that Canadian citizens who so thoroughly enjoy their democratic rights are so easily able to dismiss the importance of November 11th. It's become a convenient holiday, one which people use to shop for Christmas or catch that movie. You hear it all the time, "11:11, make a wish!" yet it becomes a burden to take one moment on Remembrance Day to stop wishing for an A on the midterm you just wrote and to honour the sacrifices made by Canadians. As per the Veterans Affairs Canada, over 100,000 Canadian soldiers have lost their lives since World War I fighting for a cause greater than what an average citizen is able to comprehend.

As an Air Cadet, one of our annual tasks is helping the local Legion distribute poppies. This year, standing in the middle of Costco with a bucket and a basket full of poppies in hand, I found myself lacking patience. There was so

many people who refused to take a poppy for reasons I cannot understand. In contrast to the hoards of Costco shoppers who passed me as I awkwardly stood there, a young girl of about six-years-old approached me and politely asked for a poppy. I was excited to have someone so young take an interest until I watched her mother pluck it out of her hand and toss it in the trash. I couldn't and still cannot fathom the level of disrespect such an act conveys to the countless men and women who have died in military service. Wearing a poppy is a simple means by which each of us has the opportunity to display our respect and solidarity for what we know is right. We are privileged to enjoy the freedoms many of us have not had to fight for.

As the years pass, the memory of our veterans fades. What doesn't seem to fade is our freedom of speech, our freedom of religion, the freedom of education and our ability to feel safe in our own country. What we take for granted is what many people across the world are deprived of.

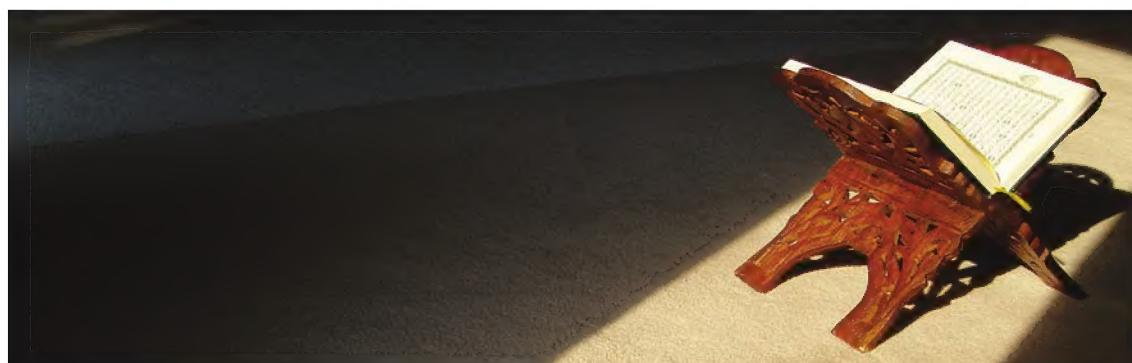
It's difficult to understand the idea of commemoration when you haven't lost a loved one overseas, and so many continue to feel the pain of the deaths of their family members.

For their sacrifices, for our freedom, I will not forget.



So much booty on r/uofagonewild.
So much. *drool*
"ha ha wow that's still around, they had 3LF back when I was at university too" - every old person ever

I like how our new minister of transport is an astronaut.
co-curricular records:
the straw
that breaks the student's back



Koran warrants critical analysis



Cole Forster
POLITICS COLUMNIST

A cowardly attack caused creeks of innocent blood to trickle into the gutters of Paris last Friday night. It was the gravest mass murder on French soil to be committed since the Second World War. The thugs responsible represented ISIL, this much we know for certain, but already the nauseating reaction of the West is to disentangle this atrocity from religion. Indeed, the tendency in response to this kind of attack is to immediately, and without justification, cleave the weld between Islam and terrorism. This is in truth the most damaging course of action. We need to speak openly and honestly about the connection between the liturgy of the religion and the behavior it makes incumbent upon its adherents.

There exists a convenient word in our modern lexicon to annul any attempts to criticize Islam by ascribing it to the bigoted, racist sickness of Islamophobia. The word is bogus. It is a meaningless twelve letters arranged to prevent what the Mullahs would call blasphemy. A phobia is not simply a fear, it's an irrational fear. Is it irrational to find certain

things in the Koran unsettling? I daresay it is not. Those professing to uphold liberal values must render it socially acceptable to notice the relationship between Islamism and the religion which incubates it. Nothing is more tediously regurgitated in the mainstream media than confirming the obvious, that the majority of Moslems do not obey the deeply sinister exigencies prescribed by the Koran and the example of the life of Mohamed. But one can never be totally certain of one's audience, so I'll repeat it at the risk of sounding like a broken record. A majority of those who confess an Islamic faith do not treat the Koran's nasty passages with much seriousness. Still, propagating the myth that Osama Bin Laden was somehow transforming a truly peaceful religion into a violent political ideology sabotages the conversation we have to enter.

Nothing helpful comes from playing hide and seek with the articles of faith in this arena. When the heads of state of Western countries go on television and proclaim that an attack like the one suffered by France last week has nothing to do with Islam, they are deluding the public about the realities of Jihad. Wherefore did these eight attackers draw their motivation if not scripture? When a man screams 'Allahu Akbar' while reloading his AK-47 so he can spray bullets into a mass of concert-goers in the French capital, we would

The taboo surrounding criticism of Islam in particular is thoroughly asphyxiating. To notice that there are scary illiberal bits of the Koran is not racist, it's attentive. If the point wasn't clear by now, I'll leave you with the damning words of Sam Harris, who once noted that, "the problem with Islamic fundamentalism is the fundamentals of Islam."

LHSA was inaccessible and needed to be disbanded



Alex Cook
OPINION STAFF

Here at the University of Alberta, the Lister Hall Students' Association (LHSA) has been irresponsible, acting in a thoughtless manner towards their students.

An alleged hazing incident that occurred in January 2014 caused the organization to be on suspension while the group was disbanded in August 2015. However, the LHSA deserves to be disbanded whether or not the incident was hazing. The LHSA claimed to be a student advocacy group, yet they represented themselves in a very exclusive and unprofessional manner.

I lived in Kelsey Hall during the 2014-15 school year. During these eight months, I saw how the LHSA was more self-serving than a representative or a counsellor should be.

"To abolish the (Lister Hall Students' Association) was a good decision regardless of the alleged hazing incident."

Despite being the voice for the residents of Lister, the LHSA was often inaccessible to the students that lived there. LHSA Executive members were elected at the end of the previous winter semester, so the executives in place were always at least an academic year ahead of the incoming first years. This created a cultural disconnect between executives and students who were often living away from home for the first time in their lives. New ideas to improve residence life were often

ignored in favour of the status quo, and executives didn't actively seek students' input on issues towards Residence Services or the University of Alberta in general.

The LHSA had created an exclusive group, and convinced Lister residents that if the LHSA was abolished, Lister culture would disappear. By presenting this specific association on first year students upon arrival, the LHSA had already expanded its influence by suggesting that anyone against the LHSA is against Lister as a whole, and thus against the residents. This was problematic when any member of Residence Services, particularly when the Resident Assistants, criticized the LHSA.

In fact, the LHSA made little to no effort to include students from non-Western cultures who don't speak English as their native language, despite the fact international students make up about 500 of the 1800 Lister residents this year. They did not try in any way to reach out to international students that did not fit their idea of a western, English-speaking student. This was shown in the attendance at their events, which had predominantly Canadian students. A lack of reaching out to international students prevented easy integration into Canadian society while creating barriers that keep different cultures separate. To tout Lister as a beacon of intersectionality as Residence Services does on its website is inaccurate.

To abolish the LHSA was a good decision regardless of the alleged hazing incident. Yet the lack of professionalism within the LHSA that led to its ineffectiveness in the first place still needs

to be ameliorated.

Because the university community is largely unaware of problems in residence and in Lister specifically, a new student advocacy group has been established, with the formerly elected LHSA executives from the end of winter 2015 semester leading the group. No real change has been made besides practically changing the name of the organization.

A student advocacy group can go a long way to improve the quality of life for students in residence. It can provide fun and entertainment for students, as well as justice when wrongs are committed against students. But problems arise when the organization exists simply for its own self-preservation. Lister desperately needs representation advocating for the sake of other students. Quality of life in Lister will improve among students when this provision is met.

Alberta remains very conservative despite left-leaning government



Abdulhalim Ahmed
OPINION WRITER

On Oct 27, the provincial NDP announced its first budget, which projects Alberta's biggest deficit in its 110 year history. This deficit is in reaction to adverse economic circumstances: according to the *Globe and Mail*, Alberta has lost about 64,000 jobs in the first 8 months of the year, the biggest job loss since the global financial crisis of 2009. The budget announcement was met with

stauch opposition, and the NDP are rapidly losing support only seven months into a four year term — but through no fault of their own.

According to a Mainstreet/Postmedia poll, the NDP's approval ratings plunged by 12 percentage points only 2 months after the provincial election and is expected to fall even further, primarily due to the increase of the minimum wage, rising corporate taxes and the large deficit. The swift disapproval to these changes only months after a massive win signals that Albertans were apparently not prepared for increased taxes for the richest and spending during recessions.

The blame for this though falls on

the voters and not the NDP because the aforementioned policies were major components of their platform and actions that Rachel Notley publicly planned on taking.

"By wanting to punish the PCs, we have elected the NDP via default, and in doing so have set the NDP up for failure."

By voting for these measures and then swiftly objecting to them only months after, Albertans have essentially voted in the NDP because of what the party promised and then deplored them for sticking to those promises. Albertans elected the NDP to punish the Progressive

Conservatives for the dozens of scandals that suggested to Albertans that the PCs were taking this province's much discussed partisanship for granted.

"By wanting to punish the PCs, we have elected the NDP via default, and in doing so have set the NDP up for failure."

Albertans were tired of an inept and entitled government, and decided to vote NDP to stick it to the Conservatives without giving the NDP platform much thought.

But by wanting to punish the PCs, we have elected the NDP via default, and in doing so have set

the NDP up for failure. The recent federal election shows that Albertans seems to want leaders with the same political leanings as the conservative parties that led this province for 43 years, without having the stench of scandal and ineptitude of the most recent one. Albertans wanted a conservative government, just not this conservative government.

And thus, the NDP has the short end of the stick. We've asked Notley and her young caucus to weather this economic storm for us, but in the same manner of previous conservative governments. The NDP we elected is not the PCs, and they are not going to act like they are.

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Pia
Araneta
SEX COLUMNIST

Ah, the threesome. The holy grail of life's sexcapades and a common objective on any liberal's bucket list. I recently had the experience of having sex with a couple, and no, it wasn't as weird as you'd think it would be. It was erotic, liberating, and oddly enough, it was pre-planned.

It started with a text from a co-worker, inquiring if I'd be interested in having sex with her best friend. "Good evening. Katie (names have been altered) wants to know if you'd have a threesome with her and her boyfriend." I replied, "I am open to the experience on the condition that there will be more than two bottles of wine and at least four notable jokes from the evening," and just like that, I had coined the value of my vagina. Sold for cheap wine and a punch line. After that, Katie ensured me that there would be wine of my choosing and home-made snacks. Wow. I was being courted by a couple, and I was damn right flattened. I felt like a surrogate mother without the whole baby aspect.

Once the date arrived, I was

extremely nervous. It's hard to walk into an apartment knowing that you're going to have sex with everyone inside. It sounds like a serious first world problem, but I'm sure you could sympathize with the awkwardness. I was half expecting the ultimate pampering session, and half expecting to get my teeth kicked in by an enraged girlfriend, realizing her boyfriend was having sex with another woman before her eyes. I also hoped that they didn't expect me to be some kind of sex guru, who somehow knew how to steer two vaginas and a penis into the promised land of equal pleasure.

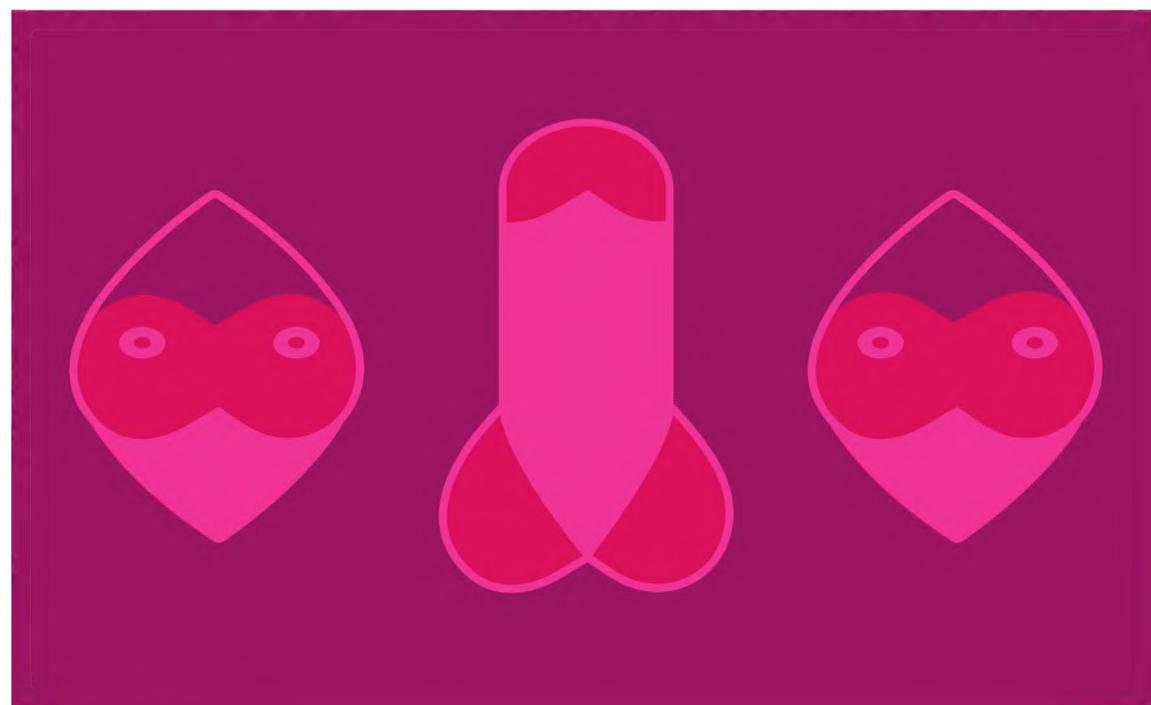
After hyperventilating, chain smoking, and taking shots in my ride's car, I arrived comfortably intoxicated and ready to go.

I received a text from Katie in the morning. "Hey! We just wanted to know if you are uncomfortable with anything." This immediately sparked a montage of possible scenarios: being covered in chocolate syrup; forced not to move until every bit of vegan whip cream had been licked from my body; being Eiffel towered by a strap-on and a

stranger's penis; general butt stuff. "Oh no! I'm open to anything really," I replied in mild horror.

After hyperventilating, chain smoking, and taking shots in my ride's car, I arrived comfortably intoxicated and ready to go. The night unfolded a lot more naturally than I had anticipated. I enjoyed some stir-fry courtesy of Katie, some card games and yes, wine and jokes. Once we were all comfortable enough with each other to know no one was a secret murderer or sex trafficker, we retired to the bedroom.

I must say, we were a generous trio of lovers. No one was excluded, forced to fake text in the corner of the room, or awkwardly watch as the other two went to town. All was fair and equal (on a side note, making out with a vagina always tends to be alarming, and what's less encouraging is getting tips on the Internet which basically tell you to dive in until you're wearing a vagina as a turtle neck). I had left shortly after, happy for my new friendships and fascinated by my experience. Perhaps they would wake up in the morning and exchange stories of how they both dreamt of a 5ft Asian girl who tried to hump their leg. Who knows? All I know is that threesomes always seem to be a hit or miss. Just have the courtesy to make everyone comfortable and included, which is all you can really ask for, really.



ADAIRE BEATTY

Communication = hot one-night stands



Ashton
Mucha
OPINION WRITER

This is a shout out to all those ladies who have left a one-night stand early because the sex was subpar. It's okay girl, I've got your back. You, my friends, have contributed to the half-night stand revolution: a pop culture trend that I think all men and women should be aware of, and here's why.

In October, *Cosmopolitan* published an article, "The Rise of the Half-Night Stand," which addresses women's frustrations after having one-night stands that were not entirely satisfying. As a result, they don't bother spending the night just to experience the societal judgment that is the morning-after walk of shame. No girl, you leave early.

Cosmo interviewed 10 men who had all been "half-nighted" and "not one of them believed the woman's

lack of sexual pleasure contributed to her leaving before morning." And one guy — the epitome of male egotism — confidently stated that he "know(s) (he) is the best at (sex)." Looks like Buddy needs an intervention.

I'll admit I'm making some assumptions about the male sexual experience since I have no personal insight being of the female variety. But TV shows, movies, and that "I Just Had Sex" song — clearly reliable resources that don't play off of gendered stereotypes at all — tell me that men are thrilled to simply have sex, even if it is just subpar. For example, "Woo-hoo, I just got laid!" said Bro.

Women on the other hand may expect a little bit more than that. I'm not talking about the over-hyped "let's cuddle" moment after sex that turns into men embodying the big spoon and receiving a face full of hair, but it's an option too. I'm more so talking about the difference in male and female orgasm statistics: according to *Cosmo*, apparently men orgasm 95 per cent of the time, while women orgasm only

about 57 per cent of the time. For a lot of women, it's harder to reach that climax from sex itself and it's clitoral stimulation brought on by foreplay that seems to help those percentages.

So why is this important? With apps like Tinder, more and more people are entertaining the idea of casual hookups. To me, a one-night stand implies a one time thing where two people have sex with the intention that both parties will have an enjoyable evening. So why not discuss your likes and dislikes in the bedroom and disclose what you're looking for prior to hooking up in order to maximize your potential sexual satisfaction?

What do you have to lose? You're never going to see him again, and if you're going to commit to another notch in your belt, you may as well make it worthwhile. Plus, he might learn a thing or two that may benefit the women swiping right on his profile once you're done with him. So, from one woman to another just trying to help a sister out, may your one-night stands be satisfying and may your orgasms keep coming.

Student Loneliness

To talk about loneliness in the abstract is like calling a trans-atlantic flight "sailing the ocean."



Matti Thurlin
OPINION WRITER

Student loneliness is revealed as experience if we think about the student essence: we procrastinate like hell. Every student, without exception, has procrastinated and will continue to do so absolutely remorsefully.

There are a lot of students. Some of them say the same prayer as you every night. Some of these students wish they were dead. Some of them are wrong. They aren't really in love. Others are. Some of us conform to the "ivory tower" aesthetic — the mile high club. Each of these students procrastinates. The difference between them is how.

This difference isn't actually all that huge. We procrastinate, chiefly, by binging on social interaction — though this interaction itself is really unnatural. I would say unsatisfying, but this is a matter of so much more. We go to the bars, but remain thirstier than ever for social connection. It's as if our hangovers have nothing to do with liquor. Think of it this way: what one procrastinates doing is what one is truly passionate of, or in need of — like water. It's something one can go without, but not for long without hurting and eventually dying. You always make time for water, and you have to, whether consciously or not. There's a fundamental, quiet deprivation working alongside us, one that lots of us never quite replenish: loneliness.

Day in and out we wear our

GPA™ goggles, which restricts vision to the symbol "A," plus or minus. Taking these off once a week is a lot of fun. There are perceptive, funny, animated and beautiful people around you. It feels great to get down to Earth occasionally, but not too much. Your principal concern remains your grades, so going out again on Saturday, you tell yourself, is procrastination.

Nobody says, out loud, that you don't have time to be a human being if you want success. It just turns out that getting As requires a monk-like fidelity to your course load. Finding a job you love will be near impossible without said As and a real social life might tragically blow the opportunity your parents worked so hard to set out for you, which is literally the only thing you know for sure you never wanted to do. So we all crack at night like mishandled eggs who never had a shot and leak and leak to sleep.

So what happens is you binge. You have one day, one night, a few hours to recharge. And the bars know this. They know that you need effective liquor cheaply and fast. The result is so called "Red Light, Green Light" parties. These are parties in which pleasure is made so economical, so effortless, that one wonders if this is IRL. Social interaction, in other words, has been rendered into radically accessible entertainment — a structure similar to the easiness of television, something that, while requiring minimal effort on the part of the viewer, delivers pleasure with pure efficiency. Sometimes we need this easiness. But actual social interaction requires work and time — more than we're allotted weekly — and often discomfort and embarrassment and

self-confrontation. On the smoky and torn, alcohol-soaked battlefield that is your post-turkey mind, dread stands as the often only survivor those Sundays. The body lacks hydration, but also something else. A few weeks of this and the tank becomes less than empty. The lack of some unknown thing turns into a substantial antigen, emptiness goes on offence mid-October, and the tragedy is that you only did what you're supposed to: try.

Loneliness is non-essential to student life. This means it can be changed. This literally requires that we work together.

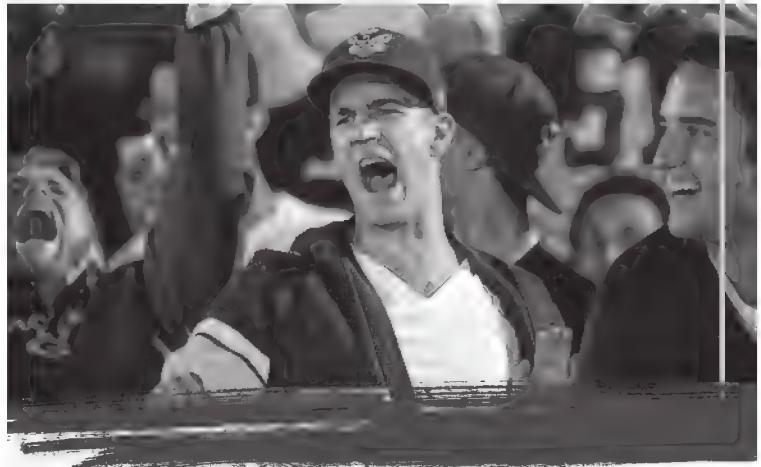
Think about your small, private victories: that A-; weekly Opa subsidized by Tuesday's tips; flawless spatio-temporal coincidence between you and the LRT; getting to class that extra minute early during which the bathroom remains a sanctuary; or the glimpse of that person MWF, who isn't yet consciously decided as your crush, walking into lecture hall as you walk out.

It's easy to think that these victories are a jewel that you alone carry, hidden in your pocket. Really, though, we all walk with these joys. We all in fact share a campus, a lifestyle, and a passion. The same holds for our blunders and pains: we frequently ask stupid questions, we frequently cry over grades, we frequently give what feels like far too many shits. Yet, we remain protective in the totalitarian bodily fear that what if opening up to share means opening up to be stolen from. Sometimes this turns out to be the case, but when we agreed to love, we agreed to these terms which, love will tell you, are non-negotiable.



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WRITTEN BY MITCH SORENSEN
DESIGN BY ADAIRE BEATTY
PHOTOS BY CHRISTINA VARVIS

Snow on the ground for six months of the year means that cyclists in Edmonton have some tricky conditions to adapt to. If you're interested in cycling in the winter months, you can spend thousands outfitting yourself in top-of-the-line kit, but most of what's required is likely already in your closet, or can easily be DIYed together. With a little time and effort, you can cycle comfortably through most of the winter on a student budget.

The Bike

As supervisor of the University of Alberta Bike Library, as well as its on-staff mechanic, Nathan Eifert is an experienced winter cyclist who has advice on everything from maintenance to what to wear. In a workshop presentation in October, Eifert stressed that cycling in winter takes a large mechanical toll on your wheels.

"It's a good consideration to have a cheap mountain bike that you build up for the winter," Eifert says, "things rust and wear much faster than in the summer."

Riding in the winter starts with the bike itself. Eifert recommends a sturdy, steel-frame mountain bike, these can be had used from anywhere from free to a few hundred dollars. When intending on winterizing a bike, there are several must-have add-ons.

First of all, fenders and winter tires are a must. Fenders keep the snow, slush, and rain on the ground, not on your backside, keeping you warmer for longer. Winter tires can be store bought or made yourself fairly cheaply. When it comes to snow and ice, rubber alone doesn't cut it, the studs in winter tires will stop you spinning your wheels and sliding out in bends.

With winter sunrises late in the morning and sunsets at 4 p.m.,

Eifert stresses the importance of lights and reflective clothing. Battery-operated lights on front and rear means that cars and pedestrians can see you in dark, snowy conditions. Also, wear the maximum amount of reflective clothing possible; high-visibility vests might look stupid, but they could save your life.

Where the drivetrain is concerned, it's really a matter of what you have. Eifert recommends not using a fixed-gear setup, as these can lock their rear tires easily and lead to crashes. Whether you are more comfortable with a traditional derailleur setup, internal hubs, or single speeds is up to you. Just remember that drivetrain maintenance becomes much more intensive in the winter months.

When slowing your roll in the snow, brakes matter. Drum or disc brakes are best, as the rubber pads of rim brakes can be contaminated with salt and grit, thereby wearing out quickly. In addition, cold and wet conditions can lead to reduced braking capability on rim brakes, and the melt-freeze cycle can cause rims to ice up quickly. To prevent this, store your bike outdoors or indoors, and going through the cold-warm cycle as few times as possible.

DRESSING THE PART

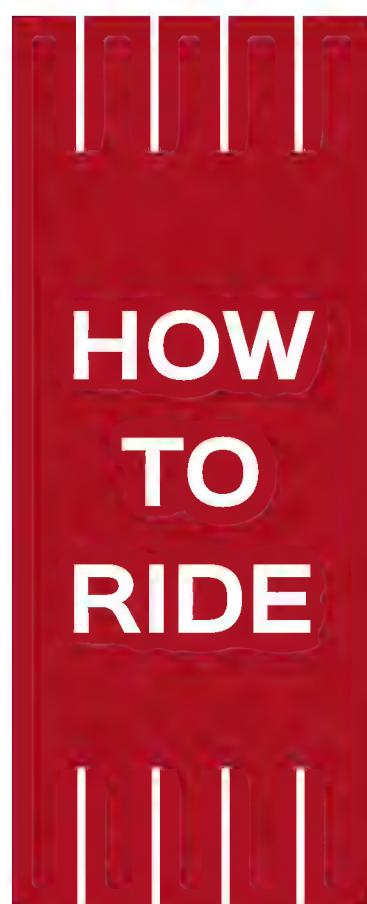
When it comes to outfitting yourself, layers are key. People often dress too heavily and begin to sweat during their ride. Getting wet means you get cold, and in minus 30, that isn't good. A wicking undershirt, fleece or wool sweater, and shell jacket on top are adequate, as well as a good pair of long underwear and waterproof pants on the bottom.

Your hands and feet tend to get cold fast, so grab multi-layer gloves and shoes that keep out the wind and water. Designated winter cycling mitts do work well down to

about minus 15, and past that, traditional ski gloves are a good option. Your local bike shop has a plethora of things to keep your hands and feet cozy, so check it out and see what's right for you.

Lastly, and most importantly, your head. Almost everyone cycling in winter will crash, so a helmet is a must. Putting a light toque underneath your helmet, as well a scarf or neck tube on your face and neck will mitigate wind burn. Also, a pair of clear glasses or ski goggles are a good idea to protect your eyes from wind.





Riding in the snow requires an entirely different style of riding, so Eifert gave us the following tips:

1

SLOW DOWN

Don't expect to cruise down the street at the same pace you do when the mercury is above zero. When riding in the winter, you should be going slowly enough to read and navigate around anything that might be in your path.

2

KEEP IT STRAIGHT

Though you might be used to swerving left and right in a desperate attempt to avoid ruts in the summer months, cycling on ice and snow is about maintaining as straight a path as possible. You're most likely to have an accident in a turn or under brakes, as losing traction in these situations usually results with you on your rear end. Also, avoid leaning your body through turns, this can exacerbate balance issues.

3

KNOW YOUR ROUTE

In terms of where to ride, know your neighborhood. If there's a route that stays smooth and works for you, use it. Outside of this, look at main roads as your primary routes. They are usually the first to be ploughed and sanded and are great if you are comfortable in traffic. Sidewalks, for Eifert, are fair game in the winter for cyclists, if you are respectful of pedestrians. Conditions are less predictable on trails or side roads, so don't expect them to be passable.

4

CONSIDER WEATHER

Choosing whether or not you cycle on a winter day comes down to common sense. If you know your route is treacherous, don't ride. Also, consider combining use of your bike and transit to get where you're going. Lastly, if everything goes downhill, sometimes you just have to walk.

Maintaining Your Bike

Your bike will still require maintenance, probably more so than in the summer months. Keeping pivots, levers, and chains lubricated and in good working order becomes much more of a challenge. In addition, parts are more likely to break when subjected to winter conditions. Fear not, for there are several institutions on and around campus to help you.

EDMONTON BICYCLE COMMUTERS SOCIETY

Part cyclist advocate, part community organization, the EBCS has two BikeWorks workshops on the North and South side. They have a huge selection of used bikes and parts for sale, and will provide a warm, fully equipped workshop to work in.

They run Women's, Trans, and Non-Binary Only nights three times per month, as well as cool film screenings among other things. They're a great resource and awesome to work with, and are definitely worth a look if you plan on cycling in Edmonton.

REDBIKE or your preferred local bike shop

A five-minute walk from campus (it's beside Sugar Bowl), Redbike carries an enormous selection of parts, bikes, and equipment to suit any budget. One of the first stores in Edmonton to embrace the fat bike trend, Mark Jung and the rest of the fine folks at Redbike will be more than happy to walk you through what's available.

U OF A BIKE LIBRARY

SAB 1-13, Open TR 10-1, W2-5

Deep in the heart of the South Academic Building lies a resource few students know exists. The University of Alberta Bike Library is a Sustain SU initiative that provides bikes, parts, and assistance with repairs to students and staff at the University of Alberta.

With nearly 60 bikes that can be rented out from April to late October, the Library also has a fully stocked workshop of new and used parts with which students can repair their bikes. Eifert emphasized that the Library is an educational workshop, and that they'll teach you how to fix your bike, not fix it for you.

If you aren't looking to invest in parts, they have a wide variety of old and new available for sale. If you blow a tire on the way to school or you just want a warm space to work on your bike, the Library can help you out!



THE NEXT LEVEL FAT BIKING

Though you can get by without an expensive two-wheeled ride, there is a ton of fun to be had in the ever-growing fat bike scene in Edmonton. With a more significant upfront investment, these go-anywhere machines can have you zipping over terrain you never thought two human-powered wheels could handle. Having become more commonplace over the past few years, you can find many quality new and used models for \$1,000-1,500. The fat tires combine with low gear ratios to create a machine that is relatively easy to push through snow, sand, or whatever other terrain you want to cover. In addition, their low stand over height means that you can step off the pedals into deep snow and not hurt yourself on the top tube.

Essentially, they go where no other bike does. Combine four or five-inch-wide tires, as well as running on very low air pressure, and these bikes will grip any terrain you put them on. Mark Jung, President of the Redbike cycling club and interclub fatbike ride leader says fat biking has skyrocketed in popularity in recent years.

"Initially, they were kind of a novelty item," Jung says.

"Eventually people realized that this lets you ride on every single trail in Edmonton in the winter ... it's a great continuation of the cycling season."

Jung said that though it may have started with a handful of companies making the bikes, almost every brand in cycling now does their own version. All tastes and budgets are accounted for, with everything from \$1,300 setups with basic steel frames to full-carbon, \$10,000 race machines.

"It started as something that a few of us had," Jung said, "and now it's come to the point where you see strangers riding in the river valley. I used to know everyone with a fat bike!"

Jung points to the fat biking community as a great new addition to winter activities in the city. Cycling at a slower pace, with soft snow to land in makes winter riding more approachable for many people. For Jung, something about riding bikes in the snow gives a sense of fun you can't get anywhere else.

"Even with some of the craziest wipeouts we've had, people will just get up and dust themselves off with a smile. There's a real sense of childlike glee when you're riding in the snow on a fat bike."

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Volunteer

Arts meetings every Wednesday at 4pm in SUB 3-04

Arts & Culture



SUPPLIED

Royal Bison Craft & Art Fair returns to Edmonton for two weekends

EVENT PREVIEW

Royal Bison Craft & Art Fair

WHEN Nov. 27-29 and Dec. 4-6, 2015
 WHERE Location (8426 Gateway Boulevard)
 HOW MUCH \$3.00

Lisa Szabo
 ARTS & CULTURE WRITER

The snow has yet to fly, but the time for Christmas craft sales is upon us. Among those returning for another year to showcase handmade and locally designed products is The Royal Bison Craft & Art Fair.

Founded in 2007 by Raymond Biesinger, The Royal Bison is a twice-a-year arts and craft fair that brings

together local artists and patrons for a community-minded event.

According to Vikki Wiercinski, a University of Alberta Art and Design grad who now co-facilitates the fair with her husband, craft culture in Edmonton has changed drastically since The Royal Bison began eight years ago.

"In 2005 or so, we really found that everybody was focused on handmade," she said. "And what's happened in the last ten years is that people started realizing that they were getting better as designers, but their own skills at hand-making weren't getting any better, or things were getting harder to produce on a mass scale."

Since its inception, The Royal Bison has evolved to meet the needs of a changing craft culture by including vendors who design and manufacture goods rather than just hand making them.

"What makes us special is that

there's this category of designer who want the chance to show their wares and they maybe aren't necessarily making everything by hand and we encourage it because it's designed in Edmonton and professionally produced."

She says there are still vendors hand knitting, hand-painting, and selling one-off prints, but much of the fair showcases designers who do the design work themselves, but have products manufactured elsewhere.

"The handmade revolution is over," Wiercinski says.

The fair hosts 70 vendors, and last Christmas saw over 4,000 people in one weekend. To accommodate the number of visitors, which Wiercinski says has doubled in the past two or three years, The Royal Bison has introduced a second weekend to the Christmas fair. This allows more people to attend the event without disrupting the cozy, community feel.

"We very purposely and consciously

maintain the Bison at the size it is and the location it's at. You don't want to mess with a good thing," she says. "And it does get busy in there at times, but if you come at the right time you have the opportunity to chat with your neighbour down the street that you haven't seen in a long time or an old design school friend. So there's a lot of value to it being how it is."

At the heart of the Royal Bison is a desire for a community event that is a "snapshot of current goings-on" in art, design, music, and really any indie field in Edmonton. For this reason, the fair strives to include as many Edmontonian vendors as possible.

"How do we tell someone from Edmonton they're not at the Royal Bison when our goal is for the most part to provide a snapshot of what's going on in Edmonton, and pick someone from Calgary or Vancouver instead?"

Adding the extra weekend at the Christmas sale last year opened up a few spots for out-of-town vendors

who Wiercinski felt were doing interesting work that Edmonton hadn't seen before. More of the same can be expected this year.

Since community is such an important part of the event, The Bison tries to keep its admission and table fees as low as possible.

"Our tables are nowhere near the cost of any other craft fair that has this kind of attendance, and we want to make it an affordable accessible fun hangout for families and people our age and anybody in between," she says.

The fair will take place Nov. 27-29 and Dec. 4-6, at the Strathcona Performing Arts Centre and admission is \$3.00. If you're searching for quirky, locally designed, and unique gifts this Christmas, The Royal Bison has what you're looking for and more.

"Our goal is much more altruistic than just grabbing some gifts at the mall. We definitely aim to give an experience."

Interrupt This Program explores underground art scenes



SUPPLIED MARTIN LAPRISE

Eryn Pinksen
 ARTS & CULTURE WRITER

Interrupt This Program is a CBC series that profiles five war-torn cities as the creators of the show, Nabil Mehchi and Frank Fiorito search through "the inspiring underbelly of the city." The duo set out to understand the power of the underground art scenes in Beirut, Kiev, Athens, Port-au-Prince and Medellin. The docu-series follows young artists attempting to rebuild their city's identity from various trauma while preserving the culture.

"We wanted to show that there is more than meets the eye in each and every one of these cities," explains Mehchi.

Despite choosing cities that have gone through major events, they wanted to ensure that they were showcasing cities that were improving.

"We want to focus on cities that are getting better and that are dealing with their past ... and the people who are provoking that change in most of these cities are the artists," Fiorito elaborates.

The unifying theme in the series is that there are artists around the world who want to implement the common goal of transformation and change the conversation regarding their home and their fading culture.

"Their culture is being eroded," Mehchi states. "Those stepping up to preserve it are the passionate young artists saying 'we were once a very strong militant people ... we can be victorious again in a more modern way."

The people were excited about finally showing another image of their cities, Fiorito found it easy to find people to talk to, as the media generally enters to show nothing but misery in the aftermath of some disaster. In the Haitian earthquake aftermath, citizens in Port-au-Prince were excited to share their dynamic musical scene after seeing nothing but the devastation of the earthquake. They were taking new things in the destruction and finding hope in the medium.

"It's interesting that it's the young generation waking up and saying, 'how about we do rap and hip hop in our own language?' How about we do graffiti using the old Arabic calligraphy letters? I find that actually very inspiring and humbling," Mehchi reflects.

The artists the duo spoke with found various mediums important to helping the rest of the population deal with anger about their situations. Whatever they were trying to do, be it exist under an oppressive government or an undesirable status

quo, globally, artists are reminding people to move forward.

"Anywhere you go in the world whether they're going through a war or social unrest or they're in a very comfortable westernized setting, artists are still trying to push certain buttons and bring up the issues that need to be brought up," Mehchi illuminates.

This team is giving viewers a glimpse of the courage that young people have around the world as they take a stance in their own city and it truly reminds Canadians what an amazing country we live in. Mehchi and Nabil outline how important it is as Canadians to know more about the different backgrounds we come from so that people can be more aware of their collective identity as global citizens.

Fiorito says that after meeting all these inspirational young artists, their advice to young people is that if you feel you have a project you want to do, just do it.

"Instead of waiting for galleries these artists just jumped in and took to the streets," Mehchi says. "They used any medium they could in order to present their message to whoever is watching. They have very little infrastructure to present their art in but somehow they find a way. Art finds a way."



JONATHAN ZILINSKI

Protest the Hero tour their debut album *Kezia* ... This time in 2015

Sam Podgurny

ARTS & CULTURE STAFF

Nostalgia has been everywhere in pop-culture over the last year. From the billion dollar tent-poles banking on the youthful memories of T-Rex roars and neon-laser-swords, to the reappearance of long-thought-retired rap moguls (we just couldn't forget about Dre), it's been a year where the biggest moments in 2015's popular culture seemed to come from any year but 2015.

For Canadian prog-metalcore pioneers Protest the Hero, this trend couldn't have come at a better time. Their debut, and now classic, album *Kezia* (pronounced Keh-Zee-Uh) turned 10 this year and with it provided the perfect opportunity to turn back the clocks (circa 2005), give the

record a dust-off, gather up some old friends and hit the road for a celebratory, headlining tour.

"Ten years is such a landmark," long-time guitarist Tim Millar says of the band's motivation to embark on the *Kezia X* Tour.

"[These tours] seem like a popular thing that a lot of bands are doing now but I think it's a really good way to revisit albums that you have of moved on from," Millar continues. "We don't get to play a lot of material from *Kezia* in the set anymore, so it's nice to get a chance to do that."

The band itself is not the same as it was back in the heydays of *Kezia*. Lineup changes in recent years saw the departure of Protest's original drummer Moe Carlson and bassist Arif Mirabdolbaghi. So when it came time to plan

Kezia X, it was decided that the tour would not only be a chance to relive the old music, but also reunite the original group for one last hurrah.

"Arif and Moe, never really had a proper last show and send off," Millar explains. So it seemed like *Kezia X* was the perfect opportunity.

Edmonton was only the second stop for the tour but already Millar noted the great appreciation and enthusiasm he saw in the fans at the previous venue.

"The response has been really good. From anyone I talked to last night it seemed really well received," Millar says.

In tandem with the tour, Protest the Hero are also creating a commemorative booklet of fan-submitted memories and

memorabilia from *Kezia*'s original inception in 2005. So far submissions have included everything from old concert tickets, photos with the band all over the world, and even a thesis for a college paper written based on *Kezia*.

"The response has been really good. From anyone I talked to last night it seemed really well received."

TIM MILLAR
PROTEST THE HERO GUITARIST

With this level of dedication from their fans, it came as no surprise that when it came time

for Protest to take the stage, the room was completely packed. The Starlite Room was sold out and everyone was in for a wild ride. The initial intricate riffs of "No Stars Over Bethlehem" set the tone for the rest of the set as the boys on stage sounded tighter and more cohesive than ever. A more mature effort from a now seasoned group of professionals.

Highlighted by the head banging intro of "Heretics and Killers," the intermittent stand-up comedy of lead vocalist Rody Walker and "Turn Soonest to the Sea" with its crowd pleasing, sing-a-long finale, the *Kezia X* show was a prime example of why nostalgia has ruled supremely over popular culture in 2015 — sometimes, it's just more fun to live in the emoting past.

Charming Aussie indie rockers stay up all night on new album

MUSIC PREVIEW

The Paper Kites

WITH Old Man Canyon
WHEN November 21st, 2015 (Doors 8:00 p.m.)
WHERE Starlite Room (10030 102 street)
HOW MUCH \$20 (unionevents.com)

Pia Araneta
ARTS & CULTURE WRITER

When Christina Lacy and Sam Bentley first began writing music in high school, little did they know

their songs would lead to international success and recognition. The formation of The Paper Kites has captivated a dedicated fan-base through the gentle tug of each guitar string and the soothing harmonies present in each lyric.

The indie-folk band consists of five members hailing from Melbourne, Australia. The release of their two EPs and the success of their 2013 debut *States*, was fostered by remarkable talent, word of mouth and of course, the Internet. Their first two music videos, "Featherstone" and "Bloom," surprised the band by going viral shortly after being uploaded onto YouTube. And now, with the release

of their second album, *twelvefour*, the band returns to North America for the third time to grace us with their mesmerizing melodies and their Aussie accents.

"*twelvefour* is a concept album, based around the theory that an artist's creative peak is between the hours of midnight and four a.m.," explains Bentley, the lead vocalist. "That idea turned into the heart of the project, so every night I'd sit down when the clock ticked over to midnight and just start writing."

Any artistic insomniac or anyone with enough teen angst could easily empathize with this theory. The late-night vibe the album cre-

ates is a distinctive shift from their initial album and EPs, signifying a sound which matures as the band does.

"It's hard to lock in and be tied down to one certain genre," says drummer Josh Bentley. "We're always trying to come up with new stuff and push the boundaries, so it keeps us and others interested."

The band worked with Grammy-nominated producer, Phil Ek (The Shins, Fleet Foxes, Manchester Orchestra) and did their first-ever recording overseas in Seattle. They'll be releasing a documentary on *twelvefour*, which will follow the band during their six weeks of production and capturing the creative

process of recording an album.

"We're really lucky to be able to come over here to do what we do," says Bentley, "and fortunate enough to have fans who listen to our music all the way over here."

The growing popularity of the band has not taken away from their humility and the gratitude they have towards their fans.

"We're starting to get our beanies, jumpers and gloves ready for the next few weeks. We don't get much snow back home so we're looking forward to going to Canada," says Bentley, painting an adorable picture of something that will almost certainly be forgotten within moments of outdoor exposure.

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Bad Lunch makes touring comfortable

Jon Zilinski
ARTS & CULTURE EDITOR

For 10 dollars a night, Bad Lunch wants to make tour stops in Montreal as comfortable as possible.

Adam and Michael Langiewicz have been playing in bands together for a decade, and they found that their hometown of Montreal is difficult for touring bands to find affordable space to stay. On the average touring musician budget, it's tricky to find a place in Montreal that allows for cheap shelter, as well as practice space. After the brothers found a house with extra square footage, the duo, along with their friend Amelia Robitaille, decided that they could start housing bands from across Canada. From this idea, the concept for Bad Lunch was born.

Touring can be difficult for small bands, the travel expenses of 100 dollars a night at cheap motels add up quickly. Many artists resort to sleeping in their vehicles in fear of being strapped for cash, which ends up damaging the artists' performance, which is a problem Bad Lunch is trying to fix.

"Having a good night sleep directly is reflected in the performance of a band, so obviously if a band is like sleeping in a van because they can't afford anything else then the way they perform the next day is not going to be as best as it could be," says Robitaille.

The Bad Lunch mission is to ensure that bands no longer have to ask for a floor to crash on or worry

about their gear getting stolen. Access to Wi-Fi, help loading and unloading gear and breakfast are also included in the 10 dollars.

"We just kind of put that out there as like a price that we feel is affordable for a lot of people," Langiewicz explains. "So it doesn't really cover much or most of our expenses by any means. So we are still working and doing other things to cover our basic expenses. It's kind of our way of giving to the music community of trying to get this up and off the ground."

"We had put a lot of work into it and we think it looks a lot better now."

MICHAEL LANGIEWICZ
BAD LUNCH

The trio had a lot of work turning the space into a home for not only themselves, but for artists travelling from miles away. After cleaning up from the past tenants, furnishing the space, and gutting one of the bathrooms completely, the space started to morph into a home.

"We had put a lot of work into it and we think it looks a lot better. And it is really home-y now," says Michael

Bad Lunch hopes to inspire others across Canada to do this along with them. Robitaille explains that if more cities start participating, more bands could tour.

"If we could have these destinations that bands just commonly took we could really grow the industry."



SUPPLIED

flop culture

COMPILED BY Shaylee Foord

Shia LaBeouf

All My Movies (Shia LaBeouf's most recent venture in a series of bizarre projects) was the exact kind of self-indulgent, fake-deep celebrity trash that our uphill-both-ways parents are constantly ragging on millennials for, and for once they might be on to something. From November 10, Shia was at the Angelika Film Center in New York City for 72 hours, watching every movie he's ever been part of in reverse chronological order. The theatre was also open to the public, and if you weren't deterred by the

reported 12-hour wait time, you could join him. If you'd rather watch paint dry or help your goldfish write a novel than hang out outside a theatre with 200+ strangers, don't worry, Shia thought of you, too, and put the whole thing online. According to the project description on New Hive's website: "At the same time, a live stream will continuously broadcast the performance above." The "performance" referred to didn't even include the actual movies being shown in the theatre. Instead, for three days straight, the world was treated to an audio-free live stream of Shia's seat, so we could all silently watch Shia watch Shia. This would be the perfect example for the type of fist-shaking old people who mutter about "the damn Facebook" to cite at family dinner when they

rant about our entitled, narcissistic, coddled generation, but let's not kid ourselves, those people don't actually use the internet enough to know about Shia antics. Instead, All My Movies was for people like me to shake their heads and wonder why they've spent the last three hours of their lives watching Shia fall asleep in the aisle to Transformers 3. Oh well. If nothing else, All My Movies provided enough reaction gifs to last until James Franco makes something even weirder in response.

Flop Culture is a semi-regular Gateway feature voicing our anger at self-centered Hollywood trash so they can come back down to earth, chill the fuck out, and eat some Taco Time with our Opinion Editor. For three coffees and no tacos contact him at opinion@gateway.ualberta.ca.



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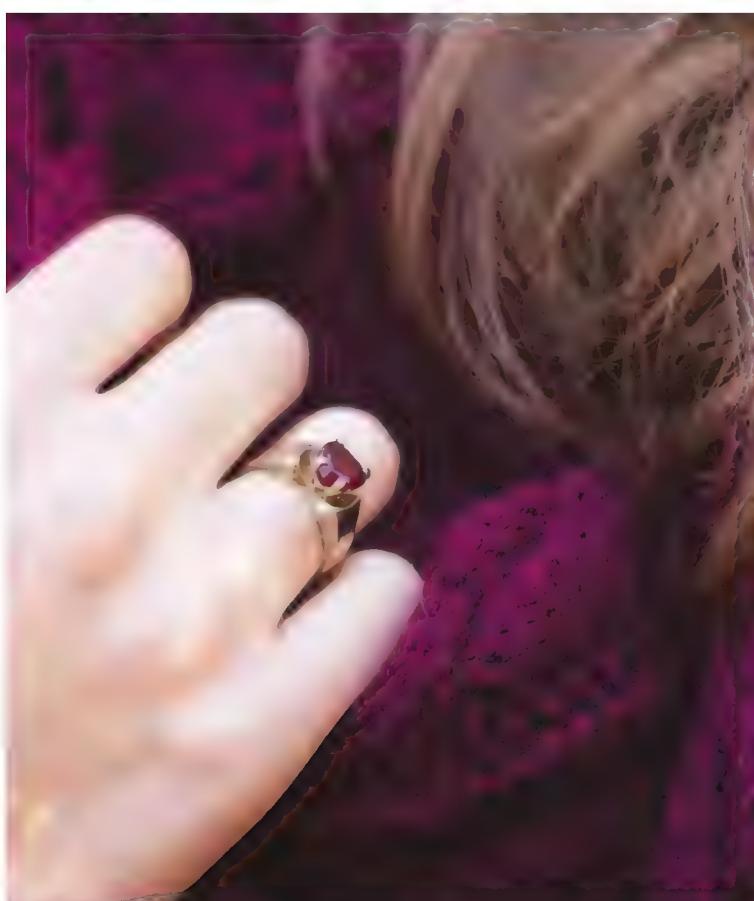
Nancii Pinto
EDUCATION VI

GATEWAY: ▶ Where do you usually buy your clothes?

PINTO: I tend to buy all my clothes in Europe, I travel a lot and the clothes there are nicer. But if I buy clothes here, I buy them at H&M

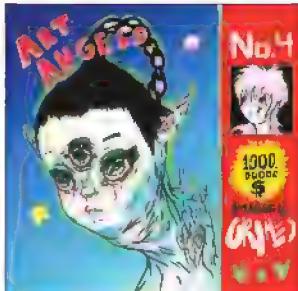
GATEWAY: ▶ Do you do your own laundry at home?

PINTO: ▶ Absolutely not, my mom still does my laundry.



GTWY VIBE

ALBUM REVIEW



Grimes
Art Angels

4AD
www.grimesmusic.com

Steven Andrais
ARTS & CULTURE WRITER

For the length of her career, Grimes has rarely broken away from a dream-pop aesthetic. A lot of the time Claire Boucher's vocals blended with the production until the two were indistinguishable.

However with *Art Angels*, we get a different look at Grimes, as she uses the production as a podium to project from, rather than something to get lost in it. The opening track, *Laughing* and *Not Being Normal*, builds with pulsating strings accent-

ed by piano before giving the floor to Claire's floating vocals. This track standouts against an album primarily composed of dance pop. There's an abrupt transition between the first and second track, as California establishes snappy drums and upbeat guitar that reappear throughout the album. We also get to hear Claire for the first time, as the crisp production on her lyrics allow her to impart herself onto the music.

Claire sings, "you only like me

when you think I'm looking sad" which feels like a response to the criticism Grimes received from blogs and fans for moving away from a dream pop style on her last single *Go*. On *Easily*, Grimes expresses dissatisfaction with people who attach on to her because of her fame. And on *Butterfly*, the albums final and most diverse track, Grimes tells fans "If you're looking for a dream girl/ I'll never be your dream girl," which feels as both a statement that she's moving on from Dream Pop, and that she may never meet the traditional standards demanded of a pop star.

Claire Boucher is far too artsy and talented to be overshadowed by the production anymore. Of course some fans will be disappointed in the more up tempo shift, but in the words of Jay-Z, "you want my old shit, buy my old album."

ALBUM BATTLE



One Direction
Made in the A.M.

Columbia
www.onedirectionmusic.com

Eryn Pinksen

ARTS & CULTURE WRITER

It was an exciting week for pop music, as Justin Bieber and One Direction both released their much anticipated albums on Nov. 13. Here, we take a look at both *Purpose* and *Made in the A.M.* and decide which heartthrob(s) made the better album for blessing the charts.

Justin Bieber: After his very long hiatus Bieber is back with an interesting medley of songs. They range from traditional pop to EDM, R&B and emotional ballads with just his dulcet voice and a piano. We see Bieber reaching across genres and experimenting to find where he fits in the scope of artists such as Ed Sheeran, The Weeknd and Drake.

Lyrically, Bieber sings about redemption, apologies, lost love, and hope. "I'll Show You" feels like an apology and an explanation to fans as he sings about the pressure he's felt and his new outlook on life. "Life Is Worth Living" and "Purpose" are both emotional ballads as a piano accompanies Bieber vocals with lyrics about what gives him inspiration and direction. The title track feels like a sweet thank you to either a former lover or to God for 'giving him purpose.' He begins speaking at the end of the song about how mistakes are bound to happen but that it is important to make the best of what

you have been given.

Despite feeling like many of his songs are an apology, which "Sorry" is the perfect example, there are many lyrics about redemption and forgiveness. "All In It," where he sings about seizing the moment and giving it your all, is a departure from the Bieber who typically sang about his relationships with women.

Don't fret, the classic Bieber is still evident in songs like "Company," "Been You," and "Get Used To It" which all have very pop sounds as he sings about girls just as he always has. However, this new album shows a new side to Bieber that feels like a step in the right direction.

One Direction: One Direction may be one member down but they are stronger than ever. With a more mature sound, *Made In The A.M.* manages to keep the band's boyish charm while proving that even though this is their fifth album, they are not wearing down.

What is most striking about this album is how relatable it is. "A.M." will make anyone think of simple times with family and friends making memories in the early hours of the morning, and having deep conversations that stick with you.

Refreshingly, One Direction has written such positive and caring songs about the women they admire. With so much smutty music that objectifies women, it is nice to

hear the boys' songs like "Hey Angel," "I Want To Write You A Song," and "What A Feeling," that talk about hopeful romance and adoration in a positive, clean way.

The album hits every boyband trope, from classic goodbye songs to upbeat tunes that make you hope Harry Styles will jump out and take you by the hand. "Never Enough" is one of these quirky songs on the albums that starts with an a capella rhythm and has an adorably cheesy upbeat feel. However, the album also has powerful ballads like "If I Could Fly" and "Love You Goodbye," which has a gorgeous arrangement of piano and strings.

Each song has strong lyrics that are so sincere that this album has proven to be another great accomplishment for One Direction.

Verdict: While Bieber has created a great album with many different styles, there may be too many genres on the tracklist. He is very talented and from the sounds of *Purpose* he is passionate about moving forward with his career and the world will see where he goes with it. However, despite losing Zayn Malik, the boys of One Direction have made an incredible album that may be their best yet. They have most definitely found their niche and more than excel at what they do. *Made In The A.M.* will steal anyone's heart with their relatable songs and comforting sounds.



Justin Bieber

Purpose

Def Jam

www.justinbiebermusic.com

Sports

Hockey Bears stomp Dinos, now tied for second in Can West

Zach Borutski

SPORTS EDITOR • @ZACHSPRETTYCOOL

The Bears hockey team recorded consecutive wins for the first time in over a month this past weekend, defeating the Calgary Dinos 6-1 on Friday and 1-0 on Saturday night.

Friday night's game was tight at the start, as the Bears were only up 1-0 after the first period but they were able to break it open early in the second period. Riley Keiser slid a pass from behind the net into the slot to fifth-year forward Jordan Hickmott, who made no mistake, giving his team a 2-0 lead. The Bears were then able to press home their advantage just 50 seconds afterwards, as Brett Ferguson capitalized on a goal front scramble, giving his team a 3-0 lead.

Stephane Legault, Will Tomchuk, and Levko Koper added goals for the Bears afterwards, while the Dinos were only able to respond with a single goal of their own, making the final 6-1.

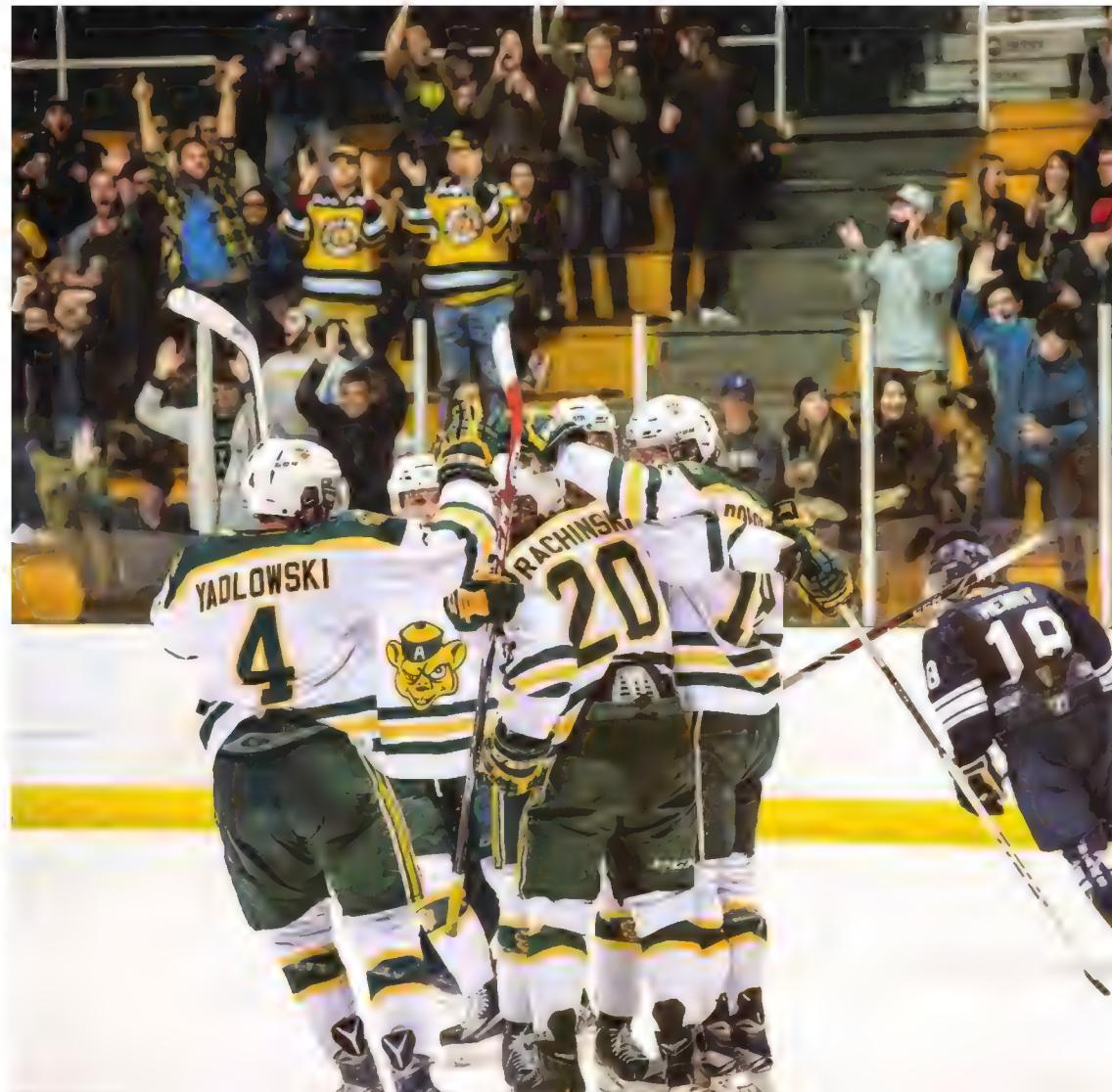
Head coach Serge Lajoie said those quick goals in the second period really helped his team's mindset in the first game.

"I think there was collective sigh of relief, because in our last four or five games we hadn't been rewarded for how hard we worked, and how many chances we had created," Lajoie said.

"We played the game the same way, the puck just went in, so it was good to see the guys rewarded for all their hard work."

The Dinos made sure there was no 6-1 blowout in the second game, holding the Bears scoreless throughout regulation, and killing off all five of their penalties. The Bears were finally able to break through within the first two minutes of the overtime however, as Thomas Carr was able to deflect a point shot past Dinos goaltender Steven Sanford, giving the Bears the two game sweep.

Stanford was excellent in the



PERFECT WEEKEND Bears hockey were in fine form last weekend, winning both games against the Calgary Dinos.

RUILIN FU

second game, stopping 32 of 33 shots, denying Levko Koper on a breakaway in the third period to keep the game scoreless.

Lajoie said that his team was able to stick with the game plan in the second game, despite not being able to capitalize on their chances.

"They stuck with it, everything on the bench was very calm," Lajoie said. "If it took us more than 60 minutes to get the job done, we were prepared for that, and that's exactly what happened."

Bears goalie Luke Siemens was excellent on the weekend, stopping 52 of 53 shots he faced over the course of the two games.

"(Luke) was dialed in," Lajoie said. "At one end, when we're not able to put the puck in the net, we need that kind of goaltending at the other, and he was huge in our two wins this weekend."

This is the first time the Bears have won consecutive games since a weekend sweep of the Regina Rams on Oct. 15 and 16, and Lajoie

said these wins against the Dinos came at the right time to give his team confidence moving forward.

"It's validation for us that we're heading in the right direction," Lajoie said.

"When you're not rewarded on the scoreboard for how you play the game, it can be discouraging, so from that standpoint it gives us a bit of confidence to know that what we're doing is working."

The Bears will look to take this momentum into their

upcoming matchup with the UBC Thunderbirds, who are currently tied with the green and gold for second place in Canada West.

Lajoie said his team is looking forward to the matchup.

"It's an opportunity to challenge ourselves again, and it's happening at a good time of the year."

The Bears now sit three points clear of the Mount Royal Cougars, and four points up on the Lethbridge Pronghorns, and have posted an impressive 7-3 record in their last ten games.

Conversely, the Thunderbirds have been trending in the opposite direction of late, salvaging the final game of their weekend series against the first place Saskatchewan Huskies to snap a three-game losing streak.

Both teams sit three points behind the Huskies in the standings, and will look to make up ground this weekend.

The Bears have not met their west coast rivals this year, but posted a 3-1 record against them last season, including a series sweep last Nov. 14 and 15 that bookended a 12 game winning streak for the green and gold. The Bears outscored the Thunderbirds 15-8 in their four matchups during conference play last year.

The Thunderbirds will look to ride their goalie-by-committee strategy to success this weekend. Matt Hewitt and Eric Williams have both played six games this season, and have posted goals against averages of 2.14 and 2.43 respectively, good for second and third in Canada West.

The Dinos meanwhile, now have lost three straight games, and sit second to last in the Canada West standings. They will look to right the ship next weekend against their cross town rivals the Mount Royal Cougars.

The Bears will take on the Thunderbirds on Friday, Nov. 20, and Saturday Nov. 21.

Ashley Burke

Science 1

Hometown: Edmonton

Team: Tennis

JAMIE SARKONAK

ATHLETE OF THE WEEK

Q: When did you start tennis?

A: I started when I was 11 years old, so a lot later than everyone else. The usual age to start is five, so I had to play lots of catch-up. So I played when I was 11 and thought, "Oh that was kind of fun!" So I went in a program throughout the year, and I really liked it. So I kept enrolling, and here I am I guess.

Q: What do you like about the sport?

A: There's such an athletic component to it, but also a mental component — like math, in a way. Also, you have to maintain a positive attitude, because it's very easy to get mad at yourself if you miss or if you make a really silly shot. So you have to maintain being really mentally strong.

Q: Do you have any favourite tennis players?

A: Milos Raonic. He's from Ontario — he's Canadian. And he's the highest ranked Canadian ever. He's my bae, if I ever meet him. He has an amazing serve. It's amazing. He hits so hard and so fast. No one in the world has a serve as fast as Milos Raonic.

Q: What's the funniest thing that's happened to you on court?

A: It happened actually three weeks ago. We were taking our action shots, our photos. So I was like, "I'm hitting a backhand, so I have to look nice and smile kind of. But something happened and I was late on the ball. So you know who I hit? The photographer. That has never happened. And my coach said no one has ever hit the photographer. I was the first Panda in history to ever to smack the photographer with the ball.

Daily sports betting sites still gambling, despite skill needed

Zach Borutski

SPORTS EDITOR • @ZACHSPRETTYCOOL

Daily sports betting websites like Draftkings and FanDuel would have you believe that their brand of betting resides in some magnificent grey area — not quite gambling, but more exciting than traditional fantasy sports. This is far from the case.

On Nov. 10, both companies were subject to a cease and desist order by the New York State attorney general, ordering both companies to stop operating in the state because their activities were now considered illegal sports gambling.

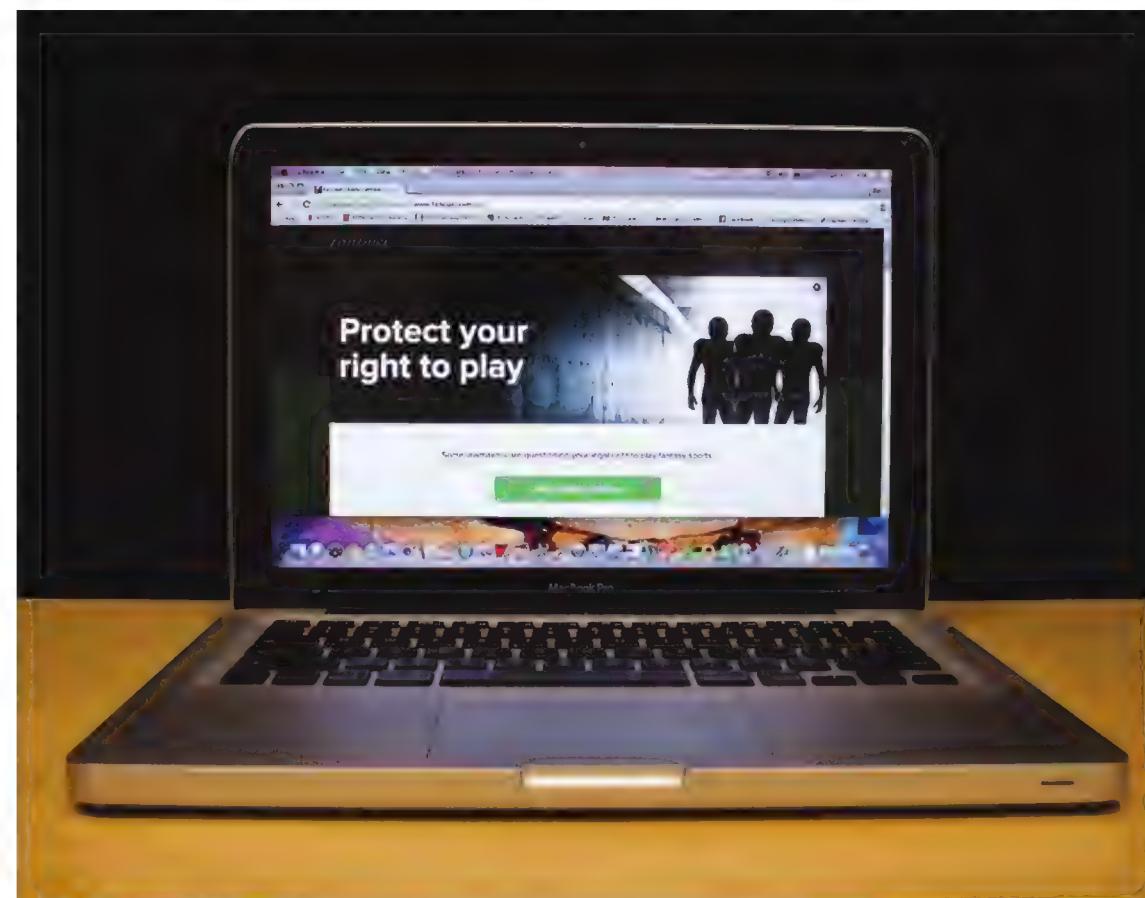
While some may be on the fence about whether playing Draftkings and FanDuel is gambling, Garry Smith is not one of them. Smith, research coordinator for the Alberta Gambling Research Institute's University of Alberta branch, cited that Draftkings and FanDuel users are wagering money on events that are in no way certain.

"The amount of skill involved is very minimal," Smith said.

Both sites have stated repeatedly that they take skill to win, and say that because of this, they're not technically gambling. While both Draftkings and FanDuel require some level skill to succeed, it doesn't mean they're not gambling.

If you compare Draftkings to single event sports gambling — which is illegal in Canada and all but five states in the U.S. — you start to see the similarities emerge.

Both still have more of a chance element as opposed to more traditional forms of fantasy sport because they're only played over a single day, or week. Someone can get lucky over the course of a day or week, but they're much less likely to get lucky



UNDER FIRE Both Draftkings and FanDuel were recently classified as illegal gambling in the state of New York.

CHRISTINA VARVIS

over the span of an entire season.

Both Draftkings and FanDuel involve skill, however people who frequent daily sports betting sites aren't just throwing their money around randomly — at least if they're serious about actually winning — they're looking at background information about the teams or players that they're betting on.

"There's skill involved in sports betting, but even the professional gamblers find it hard to make money," Smith said.

For example, if I were to bet on the point spread for a game between the New England Patriots and the Cleveland Browns, I would probably bet that the spread for those two teams would be higher than the normal odds. However, if Tom Brady or Rob Gronkowski were injured, I would alter my bet. Skilled betting requires background research and an acute knowledge of the sport. You have to at least know that the Patriots and very good and the Browns are very bad.

According to an article that

appeared Sports Business Journal in July 2015, only the top 1.3 per cent of players won 91 per cent of profits from daily fantasy sports in the first half of this year's MLB season. That is a huge discrepancy, and one that links Draftkings and FanDuel even closer to gambling. These sites want people to believe that anyone can win, but in reality, their winner demographics are far more similar to gambling.

"The ones that are winning 95 per cent of the prizes are the people that are betting big, using computers and

algorithms," Smith said.

"They're putting 1,000 teams in there, so the skill involved is having a computer program that finds one that works."

Right now, Draftkings and FanDuel bear many of the same traits as single event sports betting, but aren't thought of in the same way. Technically, the Unlawful Internet Gambling Enforcement Act protects them from being considered unlicensed gambling, as the act states that games "determined predominantly by accumulated statistical results of sporting events," to be illegal. Draftkings and other websites of its ilk can hide behind that all they want, but the fact that real money can be won or lost is fairly damning evidence that what happens on these sites is in fact gambling. Even Jim Leach, the man who authored the act, was quoted as saying that it was "sheer chutzpah for a fantasy sports company to cite the law as a basis for existing." In plainer terms, he thinks it's bullshit that these companies are hiding behind this act. Draftkings and FanDuel are private companies running a gambling operation, and that, by definition of the law, is illegal.

"If there is any legal gambling, it's supposed to be run by the state, these are private companies, so it meets the definition of (illegal gambling)," Smith said.

Sure, winning with Draftkings and FanDuel unquestionably requires skill, but that's not the point. Gambling and skill aren't mutually exclusive; it takes skill to win at sports betting.

Draftkings junkies might want to start looking at housing prices in Las Vegas, because that may be one of the only places the site may be allowed to operate in the future.

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Varsity sports roundup

pandas hockey



8-2
1-2



The Pandas had an up and down weekend against the Calgary Dinos, winning their game on Friday 8-2, but losing the Saturday contest 2-1. Despite only registering three shots on goal in the first period, the Pandas were able to take the early lead, as Regan Wright scored her first career CIS goal. It was the second period where the Pandas really blew the game open, scoring three times on eight shots. Seven different Pandas found the back of the net, with Amy Helfrich leading the charge with two goals.

The second game was a different story however, as the Dinos were able to jump out to a 2-0 lead after two periods, despite being significantly outshot by the Pandas. Sasha Vafina and Chelsea Court bulged the twine for the Dinos. Regan Wright scored her second goal in as many games for the lone Pandas goal, but it wasn't enough in the end, as the green and gold had to settle for the weekend split. The Pandas will look to get back on track against the UBC Thunderbirds this weekend. — Zach Borutski

bears volleyball



3-0
3-0



The Bears were on the road this weekend, though it only meant going a few LRT stops north from their home at the Saville Centre. In the second-ever series between the team from the U of A and MacEwan, the Bears dominated both matches. On Friday night, the Bears used all aspects of their game to lead them to a straight-sets victory. Left side Ryley Barnes and right side Ryan Nickifor both reached double digits in kills, with 13 and 11, respectively.

Saturday night saw more consistent play from the Bears and another straight sets win, though MacEwan side forced the Bears to eke out a 26-24 victory in the third set. The Bears offence was firing on all cylinders with six service aces to win the day. Next weekend sees a matchup of undefeated squads, as the Bears take on the Manitoba Bisons. — Mitch Sorensen

pandas volleyball



3-0
3-1



Another successful weekend for the Pandas saw them best their crosstown rivals the MacEwan Griffins in both matches on Friday and Saturday night. Friday's match saw a hungry Griffins squad simply outmatched by the fire-power of the CIS #1-ranked Pandas. Though both teams got into error trouble throughout the match, the three-pointed attack of Meg Casault, Kacey Otto, and Karly Janssen was too much for the Griffins to handle. Casault had 15 kills to go along with 11 from Janssen and 10 from Otto, all contributing to a Pandas offense that outhit MacEwan by a margin of .213 to .163.

The Pandas controlled Saturday night's match with eight service aces, 11 team blocks, and a .266 attack average. MacEwan only managed five, seven, and .054 in the same categories. Casault, Otto and Janssen all reached double-digit kills again for the Pandas, with 12, 11, and 16 respectively. The Pandas will look to stay undefeated after a visit from the Manitoba Bisons. The Bisons have started the season a disappointing 1-7, and sit second to last in Canada West. — Mitch Sorensen

Basket Bears split against Wesmen

Jason Shergill
SPORTS STAFF

After starting the season with a close win and a blowout loss at UBC, the Bears inconsistent play continued as they split their weekend series with the Winnipeg Wesmen.

In the team's home opener Friday, the Bears took a 34-30 lead after the first half, but couldn't hold on as Winnipeg came back to win 71-60. The Wesmen rallied behind a third quarter where they outscored the Bears 23-14, and they never looked back from there. Fifth-year forward Jelane Price led the visitors with 21 points on the night. Third-year guard Mamadou Gueye led the Bears with 21 points and 11 rebounds for his first double-double of the season.

Saturday's game showed the Bears in much better form, handily beating the Wesmen 79-67. The team took a lead early on, and never let it go en route to their first

home win. Bears coach Barnaby Craddock credited the team's improvements between games to their mindset.

"For us we needed to play with more defensive intensity and energy," he said. "The first game we didn't do that and you won't beat a decent team if you don't play with better energy and teamwork."

The team rallied around an excellent performance from first year guard Colby Jackson, who poured in 21 points, five made three-pointers, and six assists.

"We're better when he's on the floor and he's had a couple really good games for us, like when we beat UBC the previous weekend," Craddock said of the point guard.

The Bears also benefitted from a strong performance by sophomore Sebastian Denault. The La Prairie Quebec native poured in a double-double, racking up 12 points and 13 boards.

Alberta was in complete control of the game through three quarters.

ters, as they held a 24-point lead heading into the final quarter, but had that lead shortened by a late rally from Winnipeg.

"I was disappointed. we wanted to put together 40 good minutes, but they outplayed us for a good chunk of the fourth quarter. We're young and a little inexperienced, so hopefully we can learn how to shut the door in those scenarios and play for the full 40 minutes," said Craddock.

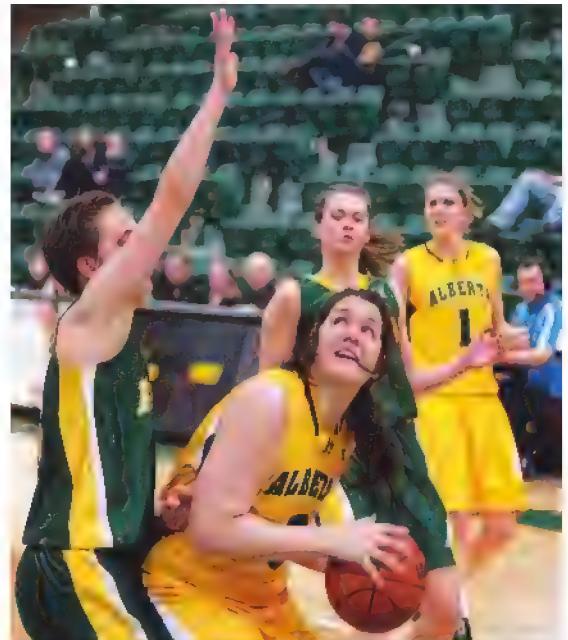
This weekend's games brought the Bears to 2-2 on the season heading into their road matchup with the University of Manitoba Bisons this coming Friday and Saturday. For Craddock, the key to winning those games will be to keep building and improving as a team.

"We got better from Friday night to Saturday night, so now we've got to keep on that path. Manitoba will be really good test for us."

The Bears will take on the Bisons on Friday, Nov. 20, and Saturday, Nov. 21.



HOMECOMING The Bears split versus the Wesmen. MELISSA WEBSTER



HOT START Pandas basketball is now 4-0. MIGUEL ARANAS

Pandas basketball stays hot, jump to 4-0

Zach Borutski
SPORTS EDITOR • @ZACHSPRETYCOOL

The Pandas basketball team remained undefeated this past weekend thanks to a pair of decisive wins over the Winnipeg Wesmen.

The Pandas won 70-52 on Friday night, then topped their performance on Saturday, notching an even more commanding 84-63 win.

The first game started off tightly contested however, as the Wesmen actually carried a slim 31-30 lead into the half, but the Pandas came out firing in the third quarter, outscoring the visitors 23-8 to ultimately put the game out of reach.

Head coach Scott Edwards said his team took a little while to find their stride in the first game.

"(Winnipeg) play a unique style that's different than most teams in our league, and I think it took us a while to get comfortable," Edwards said.

"The big thing we talked about at half time was taking care of the ball and not turning it over."

Fifth year guard Jessilyn Fairbanks was key to the Pandas pulling away in the third quarter, scoring eight of her game high 19 points in an 18-2 run to open the quarter. She also helped out on the glass, pulling down eight boards. Fellow fifth year Megan Wickstrom added 12 points, while Renee Byrne and Maddie Rogers chipped in 11 points each in the win.

It was a similar story in the second game of the weekend, with the game being tied at 35-35 going into the third quarter, only to see the Pandas break it open once more, this time outscoring the Wesmen 28-15 in the quarter.

"Both games ended up ultimately looking the same, big second halves by us that led to the two wins," Edwards said.

They've been in a lot of big games, so it was their turn to step up and really take the lead on this team.

SCOTT EDWARDS
PANDAS BASKETBALL COACH

This time, it was Megan Wickstrom leading the charge for the Pandas, pouring in 19 points, while also adding four rebounds. Renee Byrne added 13 points, while Maddie Rogers stuffed the stat sheet, scoring nine points, dishing out six assists, and also racking up four steals.

Edwards said that his team showed a lot of character by being able to kick things up a notch in the second half of both games.

"It speaks to the leadership of the older athletes that have been through a lot of games," Edwards said.

"They understand that it's the ebb and flow of the sport, and they just stay with the plan."

These new leaders have stepped up so far for the Pandas this year, as they were a team that had five fifth year players depart last year. Players like Wickstrom, Fairbanks, and Byrne — who are the team's only fifth year players — have shown that they can lead with their play so far this season.

Edwards spoke about his team's new leadership core.

"They've been in a lot of big games, so it was their turn to step up and really take the lead on this team," Edwards said.

"It's been fun watching them evolve as leaders this year."

The Pandas will now travel to Winnipeg this upcoming week to take on the province's other team, the Manitoba Bisons. They've been the victims of a tough start this year, losing all four of their games so far, and suffering 24-point and 29-point losses against the Calgary Dinos last weekend.

Despite the Bisons' status as basement dwellers in Canada West, the Pandas won't look past these games to the next week.

"(They're) well coached, and a scrappy team that's going to come play hard, especially at home," Edwards said.

"We've got to get on the road, and take those couple of days to focus on who we are, and take care of our business."

The Pandas will look to keep their undefeated season alive when the clash with the Bisons this upcoming Friday and Saturday.

Swedish supremacy: Victor Hedman vs. Erik Karlsson

To hell with the numbers, Hedman is the better all around player



Mitch Sorensen
POINT

When trying to pick between the players that are likely to go down as two of the top three Swedish defenceman of all time (sorry, but they're not going to unseat Niklas Lidstrom anytime soon), it's really not a hard choice. Victor Hedman is more physically gifted and defensively responsible than Erik Karlsson, and if you pick one on your fantasy squad, it should be Hedman.

First of all, Hedman can stand independently on the ice. Though Anton Stralman is an excellent player in his own right, Hedman is dominant regardless of who else plays the back end with him. Karlsson's run-and-gun offensive style that is prone to turnaround rushes requires a stay-at-home talent to play the opposite side. Marc Methot and Karlsson make a great pairing, no question,

but Karlsson needs his partner to be responsible for an exorbitantly large part of the defensive burden.

Hedman, on the other hand, is probably the most well-rounded defenceman in the NHL today. For a 6'6" 235-pound monster of a man, his smooth skating is a rare gift for a player of his size. He has a great first pass, solid shot, and is a defensive wall on the back end. Hedman averaged nearly four times as much shorthanded TOI than Karlsson. Karlsson may play more minutes, but Hedman sees more time in pressure situations.

Also, Hedman was +13 at home and -1 on the road last season. Karlsson was +11 and -4 in the same situations. Probably most importantly, Hedman is now a seasoned playoff veteran at 25, having made deep runs in more than one season with the Lightning.

Though Karlsson is one of the most offensively dazzling defenceman we've seen in a long time, Hedman does what is required of him, on both ends, night in and night out. That being said, the world had better look out when Team Sweden is on the ice, as the left shot of Hedman and the right of Karlsson could link up to make the most dynamic pairings in international hockey.

The best defence is a good offence, Karlsson proves that easily



Cam Lewis
COUNTERPOINT

A criticism surrounding Erik Karlsson, two-time Norris Trophy winner for league's top defenceman, is that he's poor defensively and he's too soft to be truly considered elite. As a result, many would suggest Victor Hedman is the superior player between the two, which is completely false. Offensive defencemen, while risky, are much more valuable to a team because when they're on the ice, their team is generating scoring chances, and by osmosis, the other team isn't.

Before I get into my point, we have some objectively false notions about Hedman floating around that I think we need to address.

First off all, suggesting Hedman can stand alone on the ice is wrong. His possession numbers massively improve when on the ice with Anton Stralman than when he's on with anybody else, while Stralman's remain similar regardless of teammate. Also, Hedman has the luxury of playing with Steven Stamkos, Ryan Callahan, and Valteri Filppula, who are three of Tampa Bay's best players, as his most common forward linemates. None of Karlsson's common linemates have a Corsi For percentage above 50 per cent, unless, of course, they're on the ice with him, in which case we see each of their individual possession numbers massively spike from where they are when they play without him.

Also, the idea that Marc Methot is somehow doing anything other than dragging Karlsson down like a bag of rocks is ludicrous. When Methot plays with Karlsson, he has a Goals For percentage of 62.5 and a Corsi For percentage of 53.8. When apart, Methot's numbers crumble all the way down to 47.5 and 47.9 respectively, while Karlsson remains productive.

I'm also not sure where the notion that Hedman is used in more high pressure situations comes from. Hedman made 59.6 per cent of his shift starts in the offensive zone

last season in comparison to Karlsson's 53.3 per cent. Also, Karlsson, on average, faced opposing team's top forward on a much more regular basis than Hedman did, probably because he was averaging more than 27 minutes of ice time per game while Hedman was averaging under 23.

Then finally, we get to plus/minus, which is a big red flag. A player's plus/minus is an ugly way to judge their performance, as it accounts goals scored against that could be completely the fault of another player, poor goaltending, or any other circumstance. All in all, Karlsson plays more, produces much more, plays against more difficult competition in less favourable situations, and is easily the more valuable player.

This, more than anything, represents a flawed misunderstanding of how the position of defence in hockey is supposed to be played. It's commonly understood that the best offence is a good defence. The goal of hockey is to out score your opponent. That's simple enough. As statistics would suggest, the best way to outscore your opponent is by getting more shot attempts and controlling the puck more than they do. As a result, the best way to view the game is that the best defence is actually a good offence.

Old-school hockey types glorify the rugged, stay-at-home defenceman because they think, "hey, defenceman, that means defence, right?" Not necessarily. When a guy is at the top of the league in statistics like hits and blocked shots, it generally means his team doesn't have the puck. That can either mean he's always playing with poor teammates, or he himself lacks the skill to give his teammates meaningful possession and scoring opportunities. As a result, even though they appear rugged and tough like a stay-at-home defenceman apparently should, his team is actually in a less favourable position to out chance their opponents because of it.

What Karlsson's possession numbers suggest is that when he's on the ice, Ottawa is generating scoring chances at an astronomically higher rate than they are when he isn't. Sure, he'll make turnovers and gaffes just like anybody else does — and I remember Hedman making multiple in the Stanley Cup Finals against Chicago — but he offsets it driving his team's offence to a higher point whenever he's on the ice.

Give me Karlsson any day of the week.



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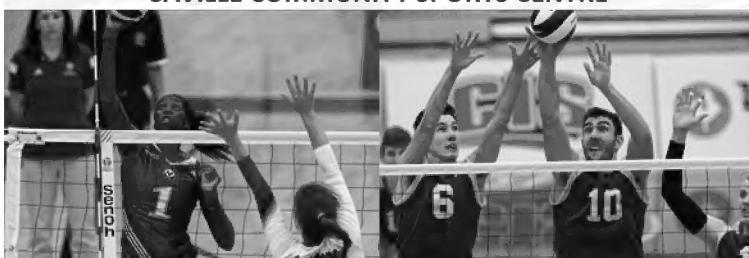
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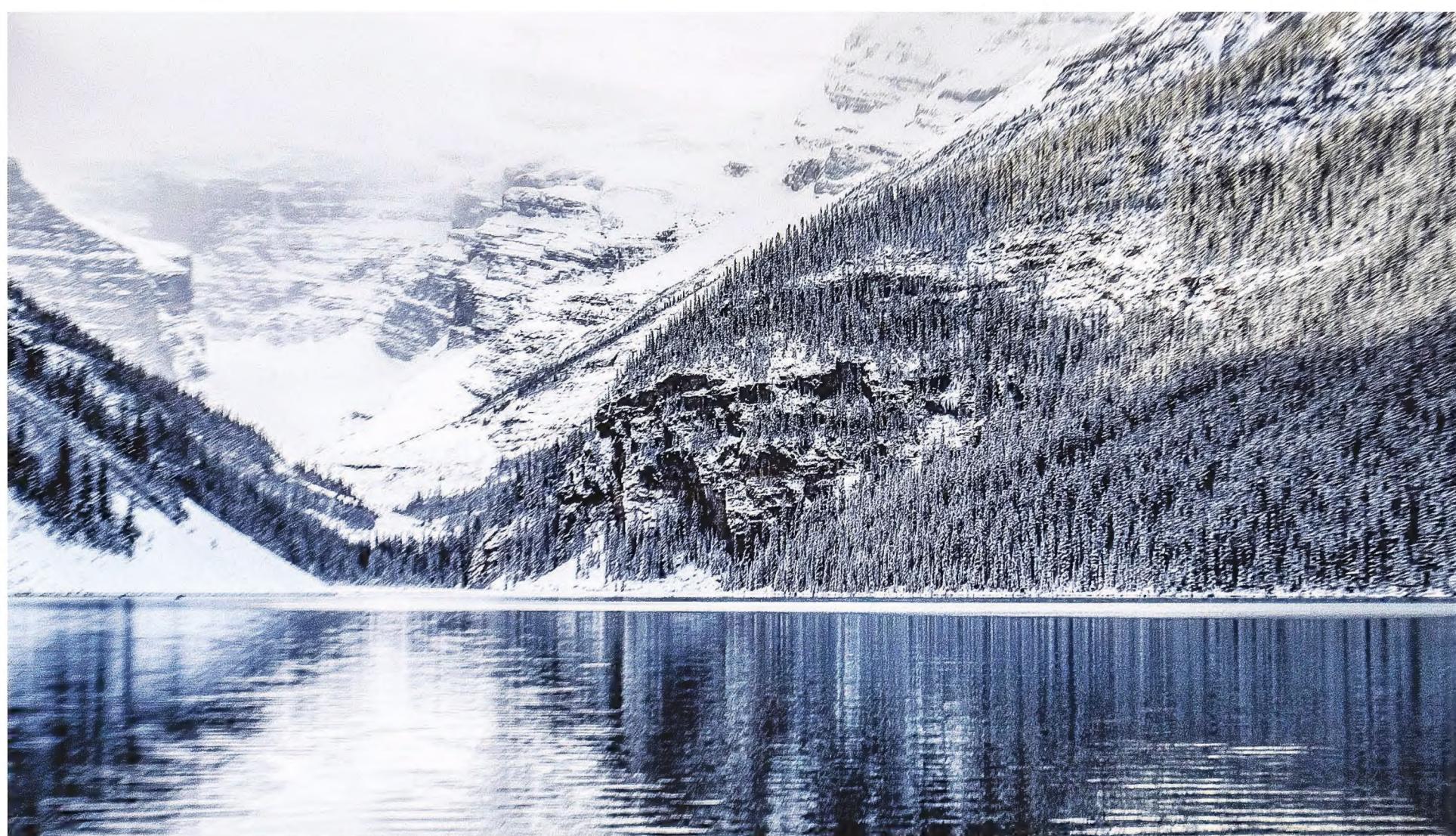
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